

Simran felt distant from her teen...until she found the way back #parentingsupport #mindfulparenting

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=2IRyBWJER9Y](https://www.youtube.com/watch?v=2IRyBWJER9Y)
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SUMMARY

Simran Manwani shares her transformative journey from a state of depression and disconnection to finding confidence and improved relationships through a program led by Riddhi. After enrolling in the Platinum showcase, she experienced significant personal growth, reconnecting with her family and enhancing her communication skills.

- *Simran felt lost and disconnected, almost slipping into depression.*
- *She discovered Riddhi's program through an online ad and decided to join the Platinum showcase.*
- *The decision to enroll was made independently, marking a turning point in her life.*
- *She has seen improvements in her relationship with her eldest son and husband.*
- *The program helped her regain confidence and improve her communication skills.*
- *Simran expresses deep gratitude for the positive changes in her life.*

Speaker 1: Hello everyone, this is Simran Manwani. I'm from Kolapur, Maharashtra. I'm a mother of beautiful boys. And yes, I was in a very low life condition. Almost stepping into depression and not willing to connect people and not always finding faults in others, nagging and fighting with others. And one day just scrolling my phone, I just saw an ad of Riddhi ma'. Am. And yes, I just said let's give it a try. I give it a try.

Speaker 1: And I directly joined the Platinum showcase. And after going through the whole showcase I thought that this was a thing going on for me because I was praying, seeing God always that please, I knew that I was in a bad condition. I want to come out of that. And God sent me this angel to in my life. And I directly enrolled for Platinum without asking anyone. I took decision for myself. And I'm really proud and happy for myself that I took this decision because I was lost in connection with my eldest son.

Speaker 1: He's a teenager. So after that I can see that connection is building. And yes, there's a lot of improvement in him. And even my relation with my husband has improved. And this has given me a real confidence of being myself. My communications have improved. Thank you. Thank you. Deep, deep gratitude to you ma'. Am. Thank you so much.