

Brain Smart Start - Administrator doing Schoolwide Brain Smart Start

3 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=2CMTJX0TW7A](https://www.youtube.com/watch?v=2CMTJX0TW7A)

<https://www.youtube.com/watch?v=2cMTJX0tw7A>

SUMMARY

The video features a lively classroom session where students engage in a song to foster a sense of community and prepare for learning. The teacher emphasizes the importance of safety in the classroom and encourages students to take responsibility for maintaining a safe environment.

- Students sing a song to promote unity and connection within the classroom.*
- The calming strategy "STAR" (Stop, Smile, Take a Breath, Relax) is introduced to help students prepare for learning.*
- The teacher highlights the importance of safety and personal responsibility in the classroom.*
- Students are encouraged to make a commitment to help keep the classroom safe.*
- A moment is taken to acknowledge absent classmates and wish them well.*

welcome friends it's so good to see all of your faces let's start our morning by uniting and singing the song our school family this is my school family this is my school family this is my school family now wave to a friend wave

to a friend boom boom boom this is my school family this is my school this is my school family shake hands with a friend shake hands with a friend boom boom boom wave to a friend wave to a friend boom boom boom this is my school family

this is my school family this is my shake hands with a friend shake hands with a friend boom boom boom high five with a friend this is my school family

you did it that was great so let's get ready for learning by using our calming strategy star so stop smile take a breath and relax let's do it again stop and smile take a breath and relax one more time stop and smile take a breath

and relax look at you you are ready my job is to keep it safe so you can learn but you also have a big responsibility your job is to help keep the classroom safe say my job is to keep the classroom safe what is my job yes to keep it safe and what is your job

to help keep the classroom safe are you willing to commit to keeping it safe a commitment is like a promise or a pledge a promise is something you do to do your personal best if you can make a commitment to helping to

keep it safe thumbs up great now let's look around the room to see if any of our friends are not with us today who's not here

let's wish them well we wish you well and hope you have a great day