

Stop Sharenting - Oversharing Your Kids On Social Media is Bad | Dad University

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SUMMARY

The video discusses the phenomenon of "sharenting," where parents excessively share content about their children on social media. The host argues that while parents may have good intentions, the potential legal, psychological, and safety risks associated with oversharing outweigh the benefits.

- *"Sharenting" can lead to legal issues, such as lawsuits from children over posted content.*
- *Posting about children's accomplishments can contribute to body image issues and digital narcissism.*
- *Parents' self-worth may become tied to their children's achievements, which is unhealthy for both parties.*
- *Children's identities are at risk of being stolen due to oversharing personal information online.*
- *Parents should consider their child's consent before posting, especially if they are too young to decide.*
- *Questions to ask before posting include the intent behind the post and potential future embarrassment for the child.*
- *The permanence of online posts means they can have lasting effects on a child's digital footprint.*
- *The host encourages parents to rethink their social media habits regarding their children.*

my son just completed kindergarten he's the smartest one in the whole class my daughter just danced in her first recital yeah isn't she just the prettiest little girl I mean she is the best dancer out of all the girls well my son just hit a home run in the championship game okay I'm so proud of that kid that's it I can't stand it anymore I'm sorry please consider this video a public service

announcement today we are talking about sharenting sharenting is the overuse of social media by parents in order to share content of their children I know I know you love your kids this is how you share information with your family or you're just very proud of your kids you can say anything you want I still think it's a mistake and I'm gonna tell you why [Music]

hey guys I'm Jason Cried Minh and welcome to another episode of Dad University we cover a different topic every Thursday so be sure to hit the thumbs up subscribe to our Channel and click on that notification bell so you don't miss any of our videos I'm not really a controversial guy but boy do people have strong feelings about this topic it is true that moms have a tendency to post a little bit more about their kids than dads do but dads are

guilty as well if you have something to say about this please I welcome your feedback in the comment section below the topic of Sharenting has become pretty serious so let's take a look at some of the issues that we're facing as a result of parents over sharing first legal issues there's a situation which an 18 year old girl is suing her

parents because of a picture that they posted in which she didn't like she didn't consent to the picture

so now they're in a lawsuit there could be all kinds of legal issues in the future for parents because of them not getting consent from their child before posting another body image issues starting kids off young with this idea that views or likes matter is not a good idea social media can be brutal they'll even judge the appearance of a small child also digital narcissism posting accomplishments or something that your

child did actually makes you think that you are great this isn't good for you or them your self-worth should not come from the accomplishments of your child and finally safety issues children's identities are being stolen more and more and their safety is at greater risk because their identities are often known people often think that would never happen to my child I don't post that many photos or I only post them in this situation but the truth is it's

happening more and more you have to be careful so how do we navigate this as parents what is okay to post and what is not there's a lot of money be made from the content that includes children businesses are being created from content that includes children so what do we do personally I think the negatives greatly outweigh the positives when it comes to posting content about your kids online but if you are going to post I think it's important that we ask

ourselves these questions number one did I get the consent of my child to post if they are too young to make that decision then you ask yourself some additional questions number two why am i posting am i doing this to feel better about myself because I can tell you typically there is zero value to the child when you post number three well my child ever be upset or embarrassed about the post are you talking about something negative

that they did or maybe some way that they frustrated you think about how they will feel if they see this post and number four do you want this to be part of your child's digital archive posts are digital tattoos they are permanent so you need to be mindful of how the content might affect them in any way in their future we all think that our children are the cutest smartest most talented people in the world and we want

people to like and share and post positive comments when we post something unfortunately it really only does something for you and not the child so let's agree and stop Sharon ting I'd love to hear what you think do you think it's okay to post content about your kids I'm sure you have an opinion leave your feedback in the comment section below if you enjoyed this episode please give it a thumbs up subscribe to the channel click on that

notification bell and share this video on social media we thank you for watching and we'll see you next week
[Music]