

Do you know why we don't accept our kids?

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=2VCG2QG7ZY0](https://www.youtube.com/watch?v=2VCG2QG7ZY0)

<https://www.youtube.com/watch?v=2VCG2QG7ZY0>

SUMMARY

The speaker shares a transformative realization about parenting: feelings of rejection towards their child often stem from personal insecurities and self-rejection. By embracing conscious parenting, they learned to accept both themselves and their children, leading to a healthier relationship and allowing their child to thrive authentically.

- *Personal feelings of rejection towards a child often reflect self-rejection.*
- *Women may struggle with accepting rebellious behavior in their children due to their own upbringing as "good girls."*
- *Conscious parenting can shift the parent-child dynamic positively.*
- *Embracing all aspects of oneself allows for a more authentic relationship with children.*
- *The speaker encourages others to explore conscious parenting for personal growth and improved family dynamics.*
- *The promise of conscious parenting includes fostering children's freedom and authenticity.*
- *The speaker invites participation in their upcoming program to learn more about effective parenting.*

one of my greatest epiphanies as a mom was that it had nothing to do with my kid all my feelings against my kid were coming from my own feelings about myself if I rejected her it was because I rejected that part in myself so when I saw that part come up in her I was like I cannot have that because I rejected it in myself so for example if we as women

grow up to be the good girls and then we see our daughter being bad or being rebellious we have so rejected that part in ourselves that we then reject this in our children it is so profound so true and so dysfunctional when I began to wake up and learn conscious parenting and teach myself new ways to connect my entire relationship with my kid change but more than the relationship I allowed my kid to flourish and Blossom and be wild and

free and authentic this is the promise of conscious parenting and this is what I'm going to teach you at evolve in a few days come join me if you want to be the best parent you can be come take a leap your children are worth it