

Stop Sibling Fighting - Quickly Reduce Sibling Rivalry | Dad University

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SUMMARY

This video provides practical tips for reducing sibling rivalry, emphasizing the importance of teaching children to resolve conflicts independently and fostering a harmonious family environment. The advice focuses on establishing clear rules, promoting teamwork, and practicing empathy.

- Stop listening to the whiner; encourage children to solve their own conflicts.*
- Establish clear house rules that focus on positive behavior rather than prohibitions.*
- Use phrases that promote family unity and teamwork.*
- Avoid comparing siblings to each other to prevent feelings of inadequacy.*
- Be empathetic and listen to children's concerns, considering their individual needs and circumstances.*

kids arguing is like fingernails on a chalkboard I don't know about you but the whining and complaining that siblings do ranks near the top of my most annoying scale so what do we do how do we stop the fighting well in this video we're gonna give you some tips on how to reduce sibling rivalry notice I said reduce not stop stay with us hello

guys I'm Jason cried Minh and this is Dad University we make new videos each week so be sure to hit the subscribe button so you don't miss any of our videos also if you have any questions that you would like answered put them in the comment section and we'll be sure to respond today we're dealing with sibling rivalry when you have more than one child one of the most challenging things is to deal with their constant whining

and complaining about each other why can't they just get along I want to share a few tips that you can use to bring a little more peace into your home I'm going to start with something really powerful that you're going to need to remember if you can only remember one thing from this video this is it write this one down number one stop listening to the whiner so here's what this means let's say child A complains to you about

something that child B is doing dad she's teasing me a typical reaction is to discipline child B for teasing their sibling or you might say something like hey stop teasing your sister unfortunately you just taught your children that whining or complaining about the other child first gets dad to step in and solve their problem two allows them to get their way

and three you might even get assembling in trouble you probably wanted to teach them that teasing is not okay but more importantly you want to teach them that they can solve the problem on their own so instead ask the

complaining child something like so what did your sister say when you asked her to nicely stop teasing you I don't know or this one is good I'm pretty confident that you guys

could nicely solve this on your own how do you think you might be able to solve this you will be amazed after doing this many times that your children will begin to solve many of the conflicts on their own remember stop listening to the whiner teach them how to solve their own disagreements number two establish rules for the house now before you can enforce rules everybody needs to know what the

rules actually are make a chart or poster so that everyone can see them be sure to focus on what to do rather than what not to do for example instead of saying no hitting your rule might say keep hands and feet to ourselves instead of no yelling you might have a rule that says talk to each other nicely kids and adults respond better when told what to do rather than what not to do you then

get to reference the house rules when a rule is broken number three stress the importance of family use phrases consistently like we are a team we're a family we help each other we work together these phrases promote harmony and unity you want children to feel that they are part of something that's very special and a family is special number four never compare your children saying something

like you know your brother never did that it's just not something that should ever be said and the all-time worst why can't you be more like your sister please don't ever say anything like that and finally number five be empathetic and listen while most of their fights are probably trivial there could be some bigger issues going on do you have the same expectations of

two children that are of different ages maybe with responsibilities around the house are you treating your boy differently than you're treating your girl should you not be is one child truly getting less attention than the other for whatever reason be sure to talk with your kids but more importantly hear what they have to say be empathetic and put yourself in their situation if it's something that really bothers them

it's really important that you listen well that's all we have for today if you enjoyed this video please give it a thumbs up and be sure to subscribe to our Channel we make new videos for you every week we'll see you next time [Music]