

Is This You

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SUMMARY

The speaker addresses individuals who have experienced significant pain and hardship in their lives, encouraging them to embrace their wisdom and consider becoming coaches to help others. They emphasize that personal struggles can be powerful tools for connection and healing, and that one does not need formal credentials or a perfect life to make a difference.

- *Many people hesitate to become coaches due to feelings of unworthiness and lack of formal credentials.*
- *Personal pain and experiences can provide valuable wisdom that can help others.*
- *The best helpers are often those who have faced their own struggles and can relate to others in pain.*
- *Perfection is not a prerequisite for helping others; everyone has something to offer.*
- *The speaker invites those interested to explore a coaching institute designed for individuals with life experiences wanting to serve others.*
- *Emphasizes the importance of taking action and not letting self-doubt hold one back from their calling.*

Tell me if this sounds like you. You are someone who has been through so much in your life. You have been in the trenches of the human experience. You've been through so many painful moments. Maybe you've had a rough childhood, maybe the death of a loved one, maybe postpartum, divorce, you know, betrayal, all of it. And through each experience, you've gathered wisdom, deep, unrelenting, transformational wisdom. and you have a lot to share, but you simply don't allow yourself to do that because you don't know where to begin and you think, you know, you don't have enough experience.

That's often the reason why people tell me they don't become coaches is because they don't feel they have the right credentials because they don't have a formal piece of paper. They don't have a degree. And all this pain that they've navigated, all the hoops that they've gone through, all the great evolutions that they've experienced is sitting in them longing to help others, but they don't allow themselves to. And another reason why people don't allow their pain to be of purpose to others is because they feel unworthy. They feel like who am I to do this? you know their voices of the criticisms of their parents keep swirling in their brain. Who are you to talk like this? Look at your life. And they keep waiting for their life to become perfect before they dare to help others. And I always tell people, no, the best helpers are those who use their own pain and their own crap as the fertilizer to inspire others. If you haven't gone through pain, you cannot touch another in their pain. If you haven't been deep down in the gutter and trenches, you're not going to be relatable. You don't need to have a perfect life, which doesn't exist anyway, in order to help others improve their life. We cannot waste another day of letting this inspiration out because of some belief system of lack. If this is resonating with you, if you are someone who has been through a lot and wants to live a life of purpose, of service to help others, then explore my coaching institute. I designed this coaching institute for people like you who have been through so much and want to help others. No perfection needed, no prior training needed, just a deep, compassionate heart

willingness to be in the trenches with someone else and to live a life of purpose. So, if this sounds like you, type the word coach below and we will send you the details.

Talk to one of our graduates. Maybe this is your next calling. Maybe this is what you're meant to do. You just have been stopping yourself for too long.