

# "Old People Acting Like Kids" Episode 6: Picky Eater by Connected Families

1 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=4HP-4FEXTRQ](https://www.youtube.com/watch?v=4HP-4FEXTRQ)  
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## SUMMARY

*The video showcases a humorous interaction between a parent and a picky eater child, Chad, who complains about the food resembling sand. The parent emphasizes the importance of respecting the cook and managing mealtime conflicts without escalating tensions.*

- *The child expresses strong dislike for the food, comparing it to sand.*
- *The parent encourages the child to honor the cook and avoid complaints.*
- *A calm approach is taken to prevent power struggles during meals.*
- *The child is given time to reconsider their request for their plate back.*
- *The video highlights the challenges of dealing with picky eaters.*
- *It promotes respectful communication around mealtime preferences.*

[Music] this food is great you've done it again yuck this is like sand it tastes just like sand where did you get this stuff out of the shoes from where we came back from the beach yeah you're just such a picky eater you're so sick that you're complaining this is like like mushing yuck when are we gonna get some real food around here

chad oh look even the dog won't eat it that's how awful that is go to your room [Music] honey this is great what a meal yuck this tastes like sand well chad i know you don't like it but you gotta remember the rules you don't have to eat it but honor the cook please don't complain about it so you can just rest for a little bit decide if you'd like to

respectfully ask your plate back uh mom can i get my plate back please okay let's chat after dinner though okay okay this was helpful because we knew the rules and i was determined not to make a power struggle out of it because that's incredibly counterproductive at meals so i just calmly slid the plate away and he had to give him i gave him some time to think about it we hope you like this video thanks for

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