

How to raise a confident child?

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=4wLZjDm-EVO](https://www.youtube.com/watch?v=4wLZjDm-EVO)
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SUMMARY

To foster confidence in children, parents should create a supportive home environment, encourage self-acceptance, and adopt a positive coaching approach. Key strategies include broadening their perspectives through exposure to diverse experiences and being their biggest supporter.

- *Confidence starts at home; create a loving and open environment.*
- *Increase exposure to books, movies, travel, and diverse people to broaden perspectives.*
- *Encourage self-acceptance regardless of physical appearance.*
- *Use a coaching style that emphasizes positivity rather than critique.*
- *Be the child's biggest cheerleader with positive reinforcement and motivation.*

so how do I make my child confident five quick ways the first one confidence begins at home creating an environment where your child is comfortable enough to open up discuss issues with you and feels heard and feels loved the second point increase exposure through books through the right movies through travel through meeting people all of this broadens the world view and brings in perspective Point number three encourage be you

however you look tall thin dark curly hair straight hair however you look the confidence needs to come irrespective of how we look and this is very important to reinforce Point number four adoptive coaching and not critiquing style so coaching is where you're more loving and you have a positive spin on what you say critiquing goes more negative and it puts down the child so this also needs to be kept in mind and most importantly Point number

five be your child's biggest cheerleader remember the child's confidence comes from you first and foremost so use a lot of positive reinforcement a lot of motivation and keep that child's head held high by what you think of him and what he knows that you think of him so try these and let me know in the comments what else you do to build confidence in your child