

Practice Proud Parenting - My First E-book | Riddhi Deorah

2 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=AMZ2NHU9_RA](https://www.youtube.com/watch?v=AMZ2NHU9_RA)
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SUMMARY

The speaker emphasizes the importance of actively learning and improving parenting skills rather than assuming they come naturally. They encourage parents to show up as their best selves for their children, highlighting that preparation and self-improvement can lead to more respectful and enjoyable relationships with kids.

- Parenting is not an innate skill for everyone; it can be learned and improved.*
- Parents should strive to present their best selves to their children, akin to dressing up for an event.*
- Many parents desire to raise confident and happy children but often lack the knowledge on how to achieve this.*
- The speaker shares their personal journey of learning and growth as a mother, which has been liberating and enriching.*
- The process of unlearning and relearning in parenting is ongoing and rewarding.*
- Embracing a mindset of continuous learning can enhance joy in both the parent's and child's lives.*
- The speaker invites others to join in this journey of growth and improvement in parenting.*

[Music] i'm so glad that you've decided to read and learn about parenting because most of us feel or are made to believe that parenting is something that we should know by default now this could be true for some of us but this doesn't have to be true for all of us some of us might be naturally good caregivers but some of us might need to learn how to be better parents parenting is not just a skill but it is

that part of your life which you can never delete once you become a parent you need to show up for your child would you not prefer to show up in your best version rather than in any ordinary form when we go for a party we just don't go in our pajamas but we take the effort to dress up we take the effort to look presentable because we want people to notice us we want people to compliment

us we want people to respect us just like that when we show up before our children it is so important that we are prepared because when we are prepared our children are more likely to respect us they are more likely to enjoy our company i really hope and wish that a lot more parents realize the importance to learn how to be a better parent now the problem is not with what we want as a parent but the problem is with how to

get what we want like most of us know that we want to raise a confident independent child but most of us don't know how to do it most of us want to raise a happy child but we don't know how to do it now i'm not claiming that i know it all but i'm making a very strong claim that with every new thing that i learned my journey as a mother is getting a lot more liberating and

enriching i am going to share with you what is working for me and is working for so many other mothers in my tribe so are you ready to learn how to be a better mother are you ready to start on this journey of unlearning learning and relearning and the beauty about this journey is that there is no going back once you start to learn and start to see the difference in both you and your child you just get addicted to the whole

process isn't learning a great addiction to have this addiction to learning is going to add so much joy to your life not just in your life but in the lives of all the people that you love so let's not stay stuck let's learn and grow a little every single day i'm ready to share are you ready to absorb [Music]