

Favorite iPad Apps for Toddlers | Best Educational Apps and TV Shows for Toddlers

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SUMMARY

Dr. Jasmine shares her top six educational apps and five interactive TV shows for toddlers and preschoolers, emphasizing the importance of engaging and high-quality content. She highlights her favorite app and show at the end, encouraging parents to consider these resources for their children's learning.

- *Top Educational Apps:***
- *ABC Mouse**:* Comprehensive learning curriculum for ages 2-7 with over 5,000 activities; offers a free trial.
- *Toddler Learning**:* Engaging puzzles and games focused on letters and colors, available in two versions.
- *PBS Games**:* Free app featuring games that promote emotional intelligence and interactive learning.
- *Breathe Sync by Sesame Street**:* Teaches breathing techniques to manage feelings and emotions.
- *Daniel Tiger's Feelings**:* Interactive activities around emotions, priced around \$2.99-\$3.99.
- *Top Educational TV Shows:***
- *Word Party**:* Engaging show on Netflix that promotes teamwork and problem-solving through interactive content.
- *Octonauts**:* Focuses on teamwork and exploration.
- *Bubble Guppies**:* Features catchy songs and lessons on various topics.
- *Llama Llama**:* Based on the book series, offers educational content.
- *Doc McStuffins**:* Encourages discussions about fears and health, available on Hulu or Disney+.

we have a lot to talk about y'all and I'm going to be sharing my top six favorite educational apps for toddlers and preschoolers as well as my top five TV shows that are educational and interactive and that I really support they till the end because I will be sharing my number one favorite favorite favorite out of all of these and I won't say whether or not it's a TV show or and a half you'll just have to stay to the

end so without further ado let's just get on into it hi hello and welcome back to my channel if you are new here I am dr. Jasmine from the mom psychologist calm and you should consider subscribing because I post new videos every Wednesday and we we just have a good old time so okay guys so let's just jump on into it first I want to show you guys my preschooler Julia her iPad I have on

this wonderful case that is super high duty I never have to worry about it breaking if she throws it around it's just like Supergirl yeah and then also I also put on a screen protector so I'll link all the information to that in the description box so the first app that I want to share with you guys it's called ABC Mouse now this truly is a step-by-step learning curriculum for children between the ages of 2 & 7 they

can learn and grow with this app over time it includes like over 5,000 learning activities I mean it really is ridiculous we are truly just scratching the surface of what this program provides so I'm going to just show you a couple things just a couple of y'all or we're gonna be here all day okay also I clicked on the classroom app and you can see up here there's so many different activities from maths library to puzzles to games so for example I'll

just click on math just to give you guys a quick example so and then there's game in in the math of there is books games puzzles and art ok so I clicked on games and then I'm just going to show you one there's one called balloons hop and so with the number nine so you got to pop the balloons with the number nine so you're looking around scanning this is really good for identify numbers processing speed number

four okay okay so that's one game so they have a umbrella called songs but that was music I am gonna show you guys games for a second and then we're gonna exit out of this but there's one there's one that I really like called the butterfly catcher this is all about identified colors okay so they gotta find the different colors find blue there we go great find green okay

cool so that was called ABC mouse check it out it does come out of free so they give you a free 30-day trial and then after that you can either pay monthly or yearly I think monthly it's about ten dollars yearly it's about eighty dollars or something so you do save some money if you pay in advance but I think it's worth every penny I mean if you're really looking for high-quality educational programs that are engaging

interactive and fun you're your best bet is ABC Mouse it really covers the whole gamut you know a lot of times with these apps they give you they give them to you for free but then they only let you access like one or two programs and then you're having to pay for the whole access to the whole I'm gonna share some other free apps with you guys just in case it's out of your price budget or

you're just not really interested in in ABC Mouse okay so the next one I'm gonna share with you guys is called toddler learning hold on let me thank so it's this one right here it looks like this right here cameras focus this one with the kitty cat my toddler loves this one I think we did pay for the full access to it but this one comes with a lot of learning puzzles

just everything quick okay so she was about learning letters so say we click a okay so then it's like a puzzle another puzzle to do with a I like this turkey one here okay so see this one's cool because then they have to match up the colors so red would go out here and so

on so you have to match the color right here oh let's do Tracy y'all I'm loving this my toddler's loving this she does this one she doesn't get it right on it has her start over oops I'm going the wrong way okay so tracing so yeah so toddler learning that's the Katie one okay so there is two apps called toddler learning y'all I'll show you what they look like and then I'm gonna have all the information down in the description

but here's one here's the kitty cat is one and then this one is another one right here so the kitty cat one is the one

I just showed you guys here is the second one this one is cool it has puzzles again it has matching games which are really good for their memory memory games and then so she's loving right now the coloring one so she like will pick up one and then she could color it in and all that

stuff with different patterns and different methods and stuff the other one that I wanted to share with you guys is PBS games it is free so PDS has and now called games and then they have one of my shows that I'll show you guys in a second but this would be another app I recommend so there's lots of different games right here they got my dog tan yield the tiger y'all which I love guessing the feelings which I love and

you guys can do this game with your toddler in person this is a really good game just in general about kissing feeling so kind of like feely charade so here we go so they're there drawing attention to their facial cues and learning about Ghibli so good and again they're allowing that pause for your

child to participate and then they ask your child to act out the feeling so it's a really good interactive game and all about filling jaw which I I just love you know ABC animals here let me show you guys it's right here called ABC animals this one we didn't pay for the full app but my toddler loves taking care of this dog y'all so you click on him okay so it's the pestle arm so if

you pick the dog they can like wash him give him a bath dress him up put hats on them it's just a fun game that they just they can take care of their animals here it is it's called breathe sync by Sesame Street and it's this one right here it's another great app about feelings it's not when they're gonna be on a lot a long time but it's a great one if you want to start talking about feelings and

how we can calm our selves so here we go so they have to tap on the belly to help him breathe so it's all about taking deep breaths and other things that we can do to calm our bodies when we're feeling frustrated so it's a great like little exercise to kind of spark

that conversation of feelings and what we can do to express our feelings and to help our bodies calm down okay and the last app that I want to share with you guys is another one about feelings y'all and it's five none other than Daniel okay so there's here's another art one where they can draw out their feelings which I love again this is stuff that they could do obviously in real life as well so yes that Daniel the tiger app is

really great to talk about feelings and do different activities around that that are fun and engaging and it's so that one is called Daniel Tiger horrific feelings if you guys want to check it out is I think \$2.99 or 399 but we like it we're enjoying it and so I think it's worth the money those are all the educational apps that I have for you guys and now let's get into the TV programs so we hang out on Netflix a lot

y'all that we Netflix and chill go up to TV shows it's right at the top and you click on what's called all genres it's gonna show you a list of their genres how they've categorized their different TV shows and there's one called early learning and so it shows you all the programs that Netflix has categorized as shows that promote early

learning octonauts is great it's like crime-solving show it's on Netflix but it's all about working together teamwork

how everybody has a different job a different purpose which is great Bubble Guppies they have those catchy songs buh buh buh buh buh look up pick up pick up ease it's really good though and they actually focus on one lesson or one topic in the show and then they dive deeper and like sing songs and play games and there's a teacher that teaches a lesson on it so what look uh peas is cool another one

that I did not mention early but earlier on but that we are a fan of is llama llama okay this one right here I'm a huge fan of their books and they have a really good Pro TV show that kind of is a spin-off of the books and again a very good educational content doc McStuffins is not on Netflix it's on Hulu or Disney um but doc McStuffins is great she is a doctor a little brown doctor doctor of

color which I love and it's just truly motivational when they talked a lot about normalizing fears and things like that so doc McStuffins is definitely one that I recommend okay so the other app that I wanted to show you that has a lot of very good educational videos is PBS videos so it's this app right here and it's completely free there we go there's Daniel

[Music] a lot of other shows that you can kind of browse through by Daniel the tiger can't go wrong with him okay y'all let's get into my number one app or TV show it's actually a TV Shelley off let me pull it up it's on Netflix and I love it the reason why I love this show and what I talked about in my screentime video if

you haven't watched it be sure to check it out after this video but I talked about the importance of high quality educational programs and what makes a program high quality content in my opinion is when the person or the people are very warm and engaging and they also take time to pause and let the your child kind of interact say something try guess or just even think about the content that they're consuming anyways I say all that to say my number one let me

see if I can find it where are you my number one show is on Netflix Shah is word party I love this show yah it's all about teamwork solving puzzles every episode contains something that they're learning a different topic that they're learning and they have like little quizzes and educational it's just a lot of educational content a lot of pausing a lot of interaction and I'm just a huge

fan a lot of song singing and they talk about feelings y'all which I'm a fan of and how to get along how to solve conflict I love it it's called word party and it's on Netflix and yeah don't so don't sleep on Netflix shop by magic for this video be sure to watch the video on screen time which I will link here and I will see you guys in the next video I [Music]