

Early Learning is Transformed with Conscious Discipline - The Story of Grow With Us Academy

5 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=HH9G7-PX1EO](https://www.youtube.com/watch?v=HH9G7-PX1EO)
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SUMMARY

Mindy Becker, founder of Grow With Us Academy, emphasizes the importance of creating a nurturing and supportive environment for early childhood education. The academy focuses on conscious discipline, aiming to equip children with emotional regulation and real-life skills, fostering both academic and personal growth.

- Mindy Becker founded Grow With Us Academy to address the shortcomings she observed in traditional preschool settings.*
- The academy promotes a "school family" atmosphere, prioritizing connections between teachers, parents, and children.*
- Conscious discipline is a foundational principle, emphasizing emotional regulation and self-discipline in both children and educators.*
- Children at Grow With Us Academy develop a sense of belonging and responsibility through assigned roles and emotional awareness.*
- High academic expectations are paired with emotional support, leading to accelerated cognitive development.*
- The goal is to cultivate positive, well-rounded individuals who can contribute positively to society.*
- Mindy believes that if every child she teaches grows into a positive member of the world, she has succeeded in her mission.*

[Music] you don't let who you were dictate who you are and then it's like bam you can decide which route you want to take whatever comes their way walk through life every is a new beginning Shine Your Light it's your day and the world is waiting move along to the song singing in your soul Feel The Beat clap your hands that take control

I'm Mindy Becker I am the founder of Grow With US Academy owning the school and running it I also teach in the classrooms I do parent workshops here my name is Prince I have been with grow with us for about 2 years I came from another preschool before this completely different experience I had actually decided once I left there that I would never teach again the reason why I open this school I saw what was going on in

our schools I can't accept the things that seem to be normal in this field Early Childhood is one of the most challenging difficult jobs there is I had parents asking me where can we send our children to school and I really didn't have an answer for them there was so much judging that was going on that was hard to see because you know raising children and they're doing things to please other people that's because of our teachers and it's

because they don't

know any other way I figured I'm going to do something about it [Music] I was going to look up for jobs and I saw this post girl with this Academy do you want to be a part of a school family and I was like School family like wow that's that's pretty deep like I kept reading making a connection with the parents I was like this sounds like nothing I have ever like completely opposite

the foundation of all of this is conscious discipline when I learned about the brain aspect of conscious discipline which is what it's all about it brought things together for me in a way that I had never been able to articulate this is why it's important to do this when a child is in this [Music] state breathe with me [Music] you want to put in you're safe

bunny can handle this knowing about disciplining myself first so that I can be better for others was huge because of what we're doing our children are really at a higher level than most other preschools is what I've seen across the board because they're more regulated they feel a sense of belonging because they each have a job we teach them about feeling their feelings and so the academics and the cognitive learning is coming at a more rapid rate when they go

through life and things are challenging or don't go the way they hoped or they feel sad or mad or any of that they will have this gift that we have given [Music] them a school or a place where you put your child shouldn't be a place for you to just make sure that they're there when you come to pick them up it should

be a place where they're going to learn real life skills things that they're probably going to use and need in a place to where not only you feel safe enough that they won't get hurt where you feel safe that the people who are taking care of them have their best interest at [Music] heart our expectation is here because we know if our expectation is here then they're going to meet it right here so academically and cognitively our

expectation is high and we can be high because of all this other stuff so then we bring it all together wiring these children's brains to be able to have more higher functioning skills so that they can be more successful and like it's that big for me it really is it's so much bigger than this I think the world needs more positive that's all at the end of the day if I can help these children develop and grow to be

positive members of the world then I have done something you know like I can even now like if I were to die tomorrow knowing that the only people I have ever touched would be every child that I have gone into my classes I will be a happy man I believe that the world could be a better place I really do if we could just have this in our homes in our schools there's a reason why we

don't say oh this is one of our classmates we say this is a part of our school family it is a completely different feel here the connections you build here are life changing [Music]