

Netflix's 3 Rules Parents Must Know

#pratikgandhi #netflix #parentingtips #screentime

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=ITTPF6USAE0](https://www.youtube.com/watch?v=ITTPF6USAE0)
<https://www.youtube.com/watch?v=ItTPf6Usae0>

SUMMARY

The discussion revolves around the challenges and strategies of managing children's screen time, emphasizing the importance of engagement over mere monitoring. The panel, supported by Netflix, aims to foster communication between parents and children regarding their screen habits and preferences.

- *The focus is on understanding children's screen time rather than just limiting it.*
- *Engaging with screens through storytelling is highlighted as a key communication tool.*
- *Parents are encouraged to shift from anxiety about screen time to fostering agency in children.*
- *The conversation includes sharing favorite shows and how to watch them together as a family.*
- *Screen time guilt is acknowledged as a common issue among parents but is often misdirected.*
- *The panel consists of 40 parents discussing their experiences and strategies for raising screen-smart families.*

But the couple of films that I watched and I re-watched with her. One of the films is yesterday. Yeah, oh god they love it. Which boomerang done. >> [laughter] >> YEAH, FULLY. THIS SHOW IS AN ASSOCIATION with Netflix and I have 40 parents to be part of a curated panel on raising screen smart families. What is my child's screen time? [music] What are they watching? You know, how much are they watching? What are they watching when I am not around? I guess that's the [music] biggest communication tool that I use always to communicate that I want to tell her through stories.

I feel key question [music] is not screen time, how much time, it is how to engage with [music] screens with our children. Very grateful to my team for doing this for us. Okay, I'm going to ask you a quick set of questions. Prateik, do you your favorite Netflix show? My favorite >> [laughter] >> binge watch or one episode a day? Favorite Netflix show to watch with your kids. Screen time guilt is universal but it's often misdirected. It wasn't about rules or adding to the guilt of screen time but about shifting the conversation from anxiety to agency.