

Experts Say This One Thing Helps Kids Learn Better

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SUMMARY

The discussion centers on the importance of play in children's education and development, particularly in the context of parental expectations and societal pressures. The speakers emphasize that traditional academic success does not equate to real-world success and advocate for a shift towards play-based learning to foster creativity, collaboration, and emotional intelligence in children.

- Many parents prioritize results over play, leading to a competitive rather than collaborative mindset in education.*
- Schools often conform to parental expectations, neglecting the benefits of play-based curricula.*
- Life skills such as collaboration and creativity are often undervalued compared to academic performance.*
- Play is essential for developing a healthy sense of self and emotional intelligence in children.*
- Parents often lack knowledge about the benefits of play and alternative educational philosophies like Montessori.*
- Play can serve as a therapeutic tool for children, helping them articulate feelings and recover from stress.*
- The conversation highlights the need for parents to shift their perceptions and embrace play as a vital part of learning and development.*

why is it that the front benchers you know the first in class are not the ones who are doing the best one of you in time out and very very excited because it's it's a round table on play and thank you for this thank you for to the LEGO Group for powering the first ever Roundtable on play and bringing play to the Forefront for our children education does not give importance to play and especially as

Asian parents we are so focused on like I said result yeah and I've noticed schools when we talk to schools okay why don't you have a play-based curriculum they say parents you know so I said to bow down to parents you are taking out the play element you are the expert you should be able to convince the parents right so I think somewhere schools also need to realize that you don't only have to be in that Financial Rat Race you also need

to be in the cognitive Rat Race to help parents convince parents what you are doing is right for their child and why that is very important you know I was just saying that's I think swathi summed it up very beautifully so you know when I look at parents and I am one and when I go to schools uh the perspective is completely changing you know we've grown up in a world which was very competitive right and

um I think we are as parents to be blamed for being a very very Roi oriented yes very greedy to say that if he

spent one hour what did we get out of that one hour and typically what happens is we look at life uh in subjects you know how good is he at math and how good he's true he had English but unfortunately life doesn't test the subject-wise right so what typically happens is when you're thrown into the

world of work is when you realize that life is not competitive you know it has to be collaborative and absolutely and that is where I think we uh struggle and and that's where the people who emerge the best why is it that the front benchers you know the first uh in class are not the ones who are doing the best yeah um and and nothing against them that you know the world is changing I was a back venture so I'm very much

so I think we turned out all right and I just feel that that's the world that we need to give our children but but we are scared you know as parents and and we want to make out um every minute of that time that the child is spending with books or toys or whatever yeah I had one thing I feel for our parents and and my parents are slightly um more reward thankfully for me but the

requirement was put every kid in a box you know it's like I come from a like my my standard jokes I'm a typical um Telugu boy because half my family are doctors half of them are Engineers the doctors and stayed in India and I'm engineers in America literally that's the template of my a large part of my family um my Panasonic do what you want to do week become what you want to become as long as it you find some stability with

it shouldn't be like random well there's no like listening to it I still went engineering because but I just went but I realized that people around them kept asking is he going to be this or that it's not what is he interested in what does he want yeah are you in this box or in the other box which takes away from play absolutely because plays independent you you're not looking at something oh this is the plan

I'm falling look at this what can I make out of this and and if you look at kids and give them stuff they don't know the rules they'll do whatever they want with it and that's I mean that also like opens up the mind and does what you can do with it also Mansi I don't think parents have that literature which teachers have yeah uh okay parents have heard about Montessori but all these people whether it's verbal Montessori in

India parents don't know about him did you know that he set up the first balwadi in 1920 before independence and he believed in play so it's not that it wasn't in our country it's that parents are not educated about it I always feel that don't ever make me the Prime Minister because I will make parenting a course and only if you pass the course can you become a parent it's the only job you don't require qualification yeah yeah no but that's

that's uh you know I when you were actually talking about doctoral engineer and whatever you know either it's family either it's teachers who condition so you know I feel also please come out of so much of conditioning or career choices that have so much of conditioning right because you're told as a child and therefore you know your choices kind of are consciously coming in so I used to play teacher teacher and I became a teacher and she's saying that parents

are like every time class and I didn't stay in class because I was part of all societies like drama elocution I was like okay I don't need to be in class too yeah that was so much fun yeah to be true whatever I'm doing umra let me ask you um parents aren't able to decipher the meaning of skills you know which are like say imaginative or creative or cognitive um and these skills are obviously you know they're very non-tangible like I

keep saying they're not quantifiable um how would you explain the importance of these skills two parents like if you were to just dumb it down for them I love that question I wouldn't want to dumb it down for them at all I do feel that their parents have really risen up to this job in fact just you know drifting back into the previous conversation I actually want to ease the pressure out on parents a little bit

because that pressure is making them push so hard and the you know and the receiving at the receiving end our little children um I do feel that parents are trying to understand get a better grasp on these things right from building self-confidence into learning how to collaborate at work um you know in a big business meeting I think every single thing can skill can be built the playway

um not only introduced created but grown proliferated sustained um maintained and it can be done through the playway now our Focus becomes skills like you know physical ability cognitive ability IQ even EQ to a certain extent I think one of the most important things that needs to be taught in a child is a healthy sense of self you know valuing themselves and it's amazing how plea can help that

absolutely um other than these essential skills that I feel that we're talking about you know autonomy or problem solving collaboration do you know how significant play is uh in recovery I think all of us need to understand recognize that play can help us restore ourselves play therapy it can help recovery one of you mentioned um that you know when you're playing in one of your quotes when you're playing when a child is playing you know what

they're thinking we use it for projective techniques sometimes children are not able to articulate what they are feeling or what they're going through and we use these techniques and we let them play and we let them draw we let them just pick something and that tells us so much about children and I think that that's true even for adults and so the significance of play um it's it's Irreplaceable every single thing that we achieve if it is done you

know in the play way um I think can it just eases out a lot of the achievement takes away from the pressure of you know having the result oriented um attitude so in terms of parents I think I had soft to them I think parents are doing a great job uh maybe I'm a little on the other end of the spectrum here so I really want to ease that out even if you're just having a conversation she plays a lot to do about

perception this conversation can be played right yeah um correcting a child encouraging a child motivating a child can be done in the playway so yes toys and toys are important but even in the small interactions that we're having with children if we just introduce that play We allow for that perception there I think it can make a big difference foreign [Music]