

Don't Ask Your Child To Stop Crying| Riddhi Deorah | India's Leading Parenting Coach |

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=JC-I9GFMVXM](https://www.youtube.com/watch?v=Jc-I9gFMVXM)

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SUMMARY

The video emphasizes harmful phrases parents should avoid saying to their children, as these can negatively impact their emotional well-being and self-esteem. Instead, it encourages parents to foster a supportive and loving environment that validates their child's feelings and individuality.

- *Avoid telling your child to stop crying, as it suppresses their emotions and can lead to depression.*
- *Refrain from saying you don't have time for them; children need to feel loved and prioritized.*
- *Don't discourage your child by saying they can't do something; this undermines their confidence and capabilities.*
- *Avoid comparisons with siblings or peers, as it can make children feel inadequate.*
- *Don't dismiss your child's interests as unimportant; this can lead to them disengaging from activities they once enjoyed.*

Stop saying these things to your child. One, stop crying. I am so sick of you. Please don't say this to your child. By doing this, you're forcing your child to suppress their emotions and this suppression will eventually lead to depression. Two, I don't have the time for you. There is so much to do. Again, avoid doing this because children want to feel that you really love them and they are the most important thing in your life. Third, you'll never be able to do this. So, let mommy take care of this. Don't do this because by doing this, you're discouraging your child and showing them that they are not capable of a few things. Fourth, I wish you were more like your friend or I wish you could do things like your brother or your sister. Again, don't do this because this will make your child feel that they are never enough for you. And fifth, that's not important. You don't have to do this right now. Avoid this because by doing this you're not giving importance to your child's interest and slowly they will start to cut off from everything. Make sure you read the caption to understand what can you say instead. Also save this and share this with someone who may need it.