

Listen to what P!nk, Eva and Oprah have to say about the podcast...

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SUMMARY

Dr. Chaali's new podcast, "Parenting and You," focuses on empowering parents rather than fixing children. It aims to help parents connect authentically with their kids, fostering resilience and self-worth.

- *The podcast emphasizes personal growth for parents to enhance their parenting.*
- *Dr. Chaali's approach is about conscious connection rather than perfection.*
- *It features insights from various parenting experts and personal experiences.*
- *Listeners can expect a journey toward deeper relationships with their children.*
- *The podcast is designed to support parents in overcoming their own barriers.*
- *Testimonials highlight the transformative impact of Dr. Chaali's work on parenting styles.*

this is pink Dr chaali she is my go-to she's finally doing a podcast and I cannot wait to listen to it hey guys it's AAA Dr chaali has really been hugely instrumental in how I raise my children hi everyone I'm evil Loria and I am so excited that Dr chiali has a podcast finally all my years of the Oprah show I interviewed hundreds of child experts this is the best child

expert hi I'm Christina kusich and I am so so excited for Dr chal's new podcast Dr schaal's work has had such a powerful impact on my life I mean I get choked up just talking about it parenting and you with me Dr shaali is not your typical parenting podcast my message isn't about fixing our children or creating that perfect child it's about helping you the parent to discover how you can get out

of your own way and consciously connect with your children so that they grow to be empowered resilient and worthy I am completely different Mom since doing Dr Cha's work this is the podcast I have been waiting for it's like taking a journey with me a journey into a deeper more authentic relationship with yourself and your children make sure you subscribe to Parenting and you with me Dr shali

[Music]