

Yosha's son went from 9 daily medications to just one — and that's only the beginning#parentingcoach

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=KZ00KSJGAPE](https://www.youtube.com/watch?v=KZ00KSJGAPE)
<https://www.youtube.com/watch?v=KZ00KSJgaPE>

SUMMARY

In the past six months, a mother has successfully reduced her son's reliance on medications by incorporating daily affirmations and gratitude practices, alongside using NLP techniques to influence his and her husband's eating habits. This shift has led to significant improvements in her son's health and a change in her husband's consumption of junk food.

- The son was previously on multiple medications but is now only taking an anti-allergic tablet during severe situations.*
- Daily affirmations and gratitude practices were introduced, leading to positive changes in the son's health.*
- NLP techniques were employed to alter perceptions of unhealthy food, specifically junk food.*
- The son effectively communicated the negative health impacts of junk food to his father, resulting in a behavioral change.*
- The husband, who previously consumed large amounts of soft drinks, was influenced by his son's comments and discarded the drink.*
- The mother has experienced ongoing conflicts with her husband regarding junk food consumption for seven years.*

Last 6 months he is not any medication only only one anti-allergic tablet that to on severe situations if not he's not on any other medications he was on eight nine different medications before 6 months he was on two like I had to give him four rounds of nebulization every day from that he's he's now changed because every day I don't know what shifted in him only change I made with him was not his diet nothing I I we started doing affirmations every day affirmations and gratitude and that shifted it and the second thing is he used my my husband's family everybody loves to eat junk even my son used to eat junk NLP using NLP and everything I learned from platinum membership. I taught my son to imagine if those are crawling with worms. And one day my my husband, he drinks around like 10 to 15 liters of soft drinks every month. It's a full blown out fight between me and my husband for the past 7 years of our marriage. And my son just turned it off in 7second sentence. He told, "Daddy, that is bad for your health. Imagine if the bottle is crawling with worms.

Imagine all sorts of insects flying it out. Will you still drink it?" And my husband just stared at me and literally threw it in the dust bin and he walked away.