

You Are Hiding The Real You

3 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=M8976FUCRXM](https://www.youtube.com/watch?v=M8976FUCRXM)
<https://www.youtube.com/watch?v=M8976fUcrxM>

SUMMARY

The message emphasizes the importance of self-acceptance and authenticity, urging individuals to step out of their metaphorical closets where they hide their true selves due to feelings of unworthiness. It encourages listeners to confront their inner disconnection and embrace their authentic identities to live fulfilling lives.

- *Many people grow up hiding their true selves due to fear of rejection from loved ones.*
- *This hiding leads to a deep sense of disconnection and unworthiness.*
- *Individuals often choose unworthy relationships and careers that reflect their internal struggles.*
- *The decision to step out of the closet comes when one is tired of living for others and not knowing their true self.*
- *Embracing one's authentic self allows personal light to shine and be recognized by others.*
- *The journey begins with self-honoring and the commitment to live authentically.*
- *It's crucial to recognize the inner mismatch and take steps toward self-acceptance.*

as long as we keep ourselves hidden in a closet we will not be seen by ourselves or the world most of us grow up hiding in a closet afraid to show our true selves to those who claimed to love us and the more we didn't get what we needed the more we hid in closets closets called mom dad friends colleagues and on and on and on the closets kept piling the layers

became deeper and deeper and one day we were lost unto ourselves we completely disappeared from view so what do we do behind these closet doors well we hide we hide because we truly believe that who it is we are as we are is unworthy we choose unworthiness on the outside and unworthy career an unworthy spouse an unworthy set of friends an unworthy

purpose you see we will always choose a mismatch on the outside because we are mismatched on the inside do you think it's time for you to step out of your closet the one that you have now built all by yourself it will be time when you decide that this inner disconnection this inner mismatch is now no longer acceptable you will decide that it is time to step out of the closet when

you're tired of living another's life when you're tired of not showing up as yourself when you're tired of not knowing who you truly are and then when you are ready ready to encompass your whole worthy and empowered self you will decide that you can no longer live in the shadows you will decide that the time is now that you step out to greet who you truly are

and when you decide that it is now time to marry you when it is now time to simply show up as who it is you authentically are then you will allow your light to shine you won't dim anymore you won't shrink anymore and

this light will be undeniably honored by all around you it starts with you with you honoring your own light are you ready to step out of

your closet [Music]