

How to Instill Values Without Shame?

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=MGEU9d0HPn0](https://www.youtube.com/watch?v=MGEU9d0HPn0)
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SUMMARY

The speaker outlines a three-step process for passing on beliefs and values to children in a loving and non-coercive manner. The key components are building trust, leading an inspiring life, and actively guiding children in their understanding of faith and values.

- *Trust is foundational; parents should never lie and always provide truthful information.*
- *Parents must lead by example, living inspiring lives that children aspire to emulate.*
- *Active guidance is crucial; parents should voice their opinions and explain the reasoning behind their beliefs.*
- *Modern parenting often neglects the importance of direct guidance and active involvement in children's moral and ethical development.*
- *The speaker emphasizes the need for parents to be reliable sources of information and role models.*

Amazing question. The way that we pass on our faith, whether religious or not, our beliefs about the world without force and with love, is through a threestep process. Now, make sure that you are subscribed to HiFam over on YouTube because I'm actually about to drop a master class exactly about this. But let me give you the short answer here. The first thing we absolutely have to have with our kids is trust. And that starts from the day that they are born is that we never lie to them. That we always give them the truth. That they know that we are a trusted source of information. And therefore what we say and what we share and how we guide them and how we live becomes a source that they can come to rely on and look up to.

So building trust is foundational. The second thing that we absolutely have to do is to lead an inspiring life. We need to show them that our faith, our belief system, our direction in the world, our way of life is something to aspire to. They must think in their head, wow, you know, it seems like mom and dad really have this figured out. I like what they're doing. They seem happy. They seem to have a good marriage. They seem to be healthy, right? We need to be inspiring as role models. And the third thing we actually have to do, which modern parenting completely leaves out, is actively guide them. We need to voice our opinions. We need to pass a certain level of judgment and say, "We think this is good. we think this would benefit you and explain why. We need to make the case and not just assume that they get it by osmosis.

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