

Anna • Nourishing Ideas

1 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=00HDNFoz1FQ](https://www.youtube.com/watch?v=00HDNFoz1FQ)
<https://www.youtube.com/watch?v=00HdNFoz1FQ>

SUMMARY

Anna Cole, a Parenting by Connection educator from East Sussex, expresses her deep emotional connection to Patty Whitler's work, highlighting its profound impact on parents. She advocates for making Whitler's writings accessible in a single collection to enrich the parenting community with practical and hopeful insights.

- *Anna Cole teaches Parenting by Connection and is also a writer.*
- *She finds Patty Whitler's work both moving and transformative.*
- *Cole emphasizes the importance of having Whitler's writings readily available for parents.*
- *The work is described as both humorous and deeply emotional, encouraging new parenting approaches.*
- *Cole believes that increased exposure to Whitler's ideas will strengthen global parenting support networks.*

[Music] my name's Anna Cole I teach Parenting by Connection in East Sussex in England I read and I write for a living as well as teaching Parenting by connection and whenever I read Patty whitler I'm so moved I'm often laughing I'm often sobbing it always affects me in a very human way I want parents to be able to read Patty's work all in one place to have that book on the bedside table and

just be filled up with the Deep practical experience the nourishing ideas the hopeful ideas it'll make you laugh it'll make you cry it'll make you try something new it'll bring you huge benefits and the more people who read this work who come in contact with this work the stronger our community of love and support for parents around the world will grow [Music]