

Join us for Elevate Conscious Discipline 2025!

3 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=PLWTVNCZUP0](https://www.youtube.com/watch?v=PLWTVNCZUP0)

<https://www.youtube.com/watch?v=PLWtVNczup0>

SUMMARY

The discussion centers on overcoming personal and systemic challenges through self-awareness and collective action. Participants emphasize the importance of inner wisdom, community support, and the transformative power of discipline in creating positive change in schools and beyond.

- *Many individuals feel trapped in negative cycles, questioning their place in traditional systems like schools.*
- *Change requires a shift in perspective; pushing against obstacles is not the solution.*
- *The focus is on helping individuals discover their own wisdom rather than prescribing methods.*
- *Collective gatherings aim to inspire and empower participants to make meaningful differences in their lives and communities.*
- *Personal experiences with conscious discipline highlight its transformative impact on both professional and personal levels.*
- *Discipline is viewed as foundational for long-term success and growth.*
- *Acknowledging the need for mutual support emphasizes that change is a collaborative effort.*
- *The journey of self-improvement and community building is ongoing and essential for a compassionate world.*

Too many days in the darkness without a glimpse of the light. Running tired and broken and scared. But I swear I'll never give up the fight. >> They continue to have these negative interactions year after year. School is not for me. This is not a place where I can win. Why would I keep showing up? >> You can't push against something and change it. And every one of us right now are pushing against something hard. And you're going to work every day and you're pushing against something. And so we're about to break this cycle.

>> We're not here to tell you the best way to do things, how to do things. We're here to help you find your wisdom within. And it's time for an upgrade. You hold this map, I'll hold your hand. Take this love around the world. >> This is amazing that we have all gathered here together for one goal. That is to change lives and make a difference. >> And so that's what you're doing every single day. You are proving to yourself that you are becoming who you say you want to be. That's why this is very important to me because I understand that we really don't have time to waste.

>> I got this feeling I can't describe this magic in the air. The world has come alive and when I see you >> my first experience with conscious discipline was in 2016. And so ever since then it's just been like just life changing for me not only professionally but in my personal life as well you know it will change the world was a huge transformation of the culture of the school and what we saw with our students >> because of our commitment is to help young humans and adults know better and do better it's a lifelong commitment >>

discipline is the foundation It truly is. You're setting up for success for the rest of us.

[Music] >> This is all about who? >> This is all about each and every one of us. >> That's the missing piece. You cannot act differently until you see yourself differently. We all want a safer, more compassionate world. >> You do everything you can to empower them to be better than they were the day before.

>> You're always growing. There's no end to this journey. >> Bringing together so many people for one united purpose. I truly believe that this is how we change the world. >> It's a group project, y'all. I need you and you need me. [Music]