

Confidence Is Earned, Not Given

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=UV7DQX2Q9S0](https://www.youtube.com/watch?v=UV7DQX2Q9S0)
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SUMMARY

The speaker reflects on the transformative power of achieving personal goals, such as creating an album, and emphasizes how success fosters further empowerment and confidence. They share insights from their 14 years of parenting, highlighting the journey toward greater clarity and self-assurance over time.

- *Achieving personal goals can lead to a sense of fulfillment and meaning.*
- *Success creates a positive feedback loop, fostering further success and confidence.*
- *Parenting improves over time as individuals gain experience and clarity.*
- *Confidence and intuition grow with time, reducing feelings of insecurity and confusion.*
- *Taking action is crucial for overcoming doubts and hesitations.*
- *Personal growth is a gradual process that builds resilience and self-trust.*

Life is different when you suddenly do the thing that you've you're like, "Oh, I've always wanted to make albums. Oh my god, I made one. I'm holding it. It's meaningful." I want you to get that cycle of success because success breeds success and empowerment and confidence breeds more of that. Okay, I'm I'm now 14 years into parenting and I can say the better it gets, the better it gets. the better you get, you know, with time things resolve. You gain more confidence. You gain more clarity. You're less insecure. You're less inhibited. You're less confused. You're less disregulated.

As time goes on, you're going to find those sea legs and that stride and that you know that inner intuition and confidence and instinct and those voices are going to be louder than all of the doubts and hesitations and guilts. And that happens through action. That happens because you did this and then this and then this and you gained your stripes.