

8 Life Lessons Every Dad Must Teach His Daughter | Dad University

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<https://www.youtube.com/watch?v=UcJPF-J0Fc4>

SUMMARY

Jason Krogman shares eight essential life lessons for daughters in a heartfelt video aimed at empowering young girls. These lessons focus on self-sufficiency, self-worth, and the importance of empathy, encouraging daughters to embrace their individuality and make their own choices.

- *You are capable of solving your own problems and should not depend on others for support.*
- *Embrace your uniqueness; you are perfect just the way you are.*
- *Girls can do anything boys can do; do not limit yourself based on gender stereotypes.*
- *Stand your ground and defend your beliefs; your views are valuable.*
- *You control your own body and affection; never feel obligated to show affection.*
- *Practice empathy by understanding others' perspectives and helping when possible.*
- *Respect yourself and others; know your worth and learn to say no.*
- *You have the power to choose your emotions and how you respond to situations.*

I wanted to create a video that I thought would be really important for my young daughter to watch this video is from the perspective of me talking to her if you are able to communicate and teach your daughter these lessons that's awesome however you can watch this video with her and use it as a reference to talk about the different points we will cover eight life lessons that every dad can teach his daughter hello I'm Jason

Krogman and this is dad University we released a new video for you every Thursday so be sure to LIKE the video subscribe to the channel and click on that notification bell so you don't miss any of our videos also be sure to check out all the other videos on our channel we have a ton of great info for dads with that out of the way I wanted to talk to you about some very important life lessons let's get started number

one you are capable of solving problems yourself you don't need to depend on anyone especially a boy whether it's for emotional financial or any other support you are totally capable of taking care of yourself and being self-sufficient number two you are perfect the way you are every person is unique and perfect in their own way nobody including your family friends the media or anyone else

gets to dictate what perfection is you are perfect the way you are number three you can do anything boys can do now I do think that celebrating the differences of boys and girls or men and women is a good thing we are different but that's what makes each of us great but you will not hear me say that's for boys you can work on cars you can learn martial arts you can shoot a basketball I'm not going

to limit you and you should not let anyone else do it either number four stand your ground you have a right to believe whatever you want protect and defend yourself as well as those you love and your views are just as valuable as anyone elses number five your affection is yours to give you have control over your body and you get to choose who you want to give affection to you should never feel obligated even

with family to have to hug or kiss anyone your affection is yours to give number six be empathetic learn to put yourself in somebody else's shoes this might mean helping people or simply understanding somebody else's perspective empathy is powerful number seven respect yourself and others know your Worth and learn how to say no for others you may not always agree with someone

but allow them to express their views number eight you get to choose your emotions you get to decide what things mean you get to choose your story and how things affect you just a tip choosing happiness is a lot better than many of the other options but it's totally up to you well we want to hear from you what are some life lessons that you think are valuable leave your feedback in the comment section below if

you enjoyed this video please give it a thumbs up subscribe to our channel click on that notification bell and share this video on social media we thank you for watching and we'll see you next week [Music]