

Your Marriage Can Feel Like a Love Story Again

2 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=UysDXDJqb00](https://www.youtube.com/watch?v=UysDXDJqb00)
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SUMMARY

The speaker emphasizes the importance of not lowering expectations in marriage but instead increasing support and communication to foster romance and connection. They share insights from their own 20 years of marriage, encouraging others to learn essential skills for maintaining passion and closeness in relationships.

- *Maintain high expectations for romance and connection in marriage.*
- *Increase support and communication rather than lowering expectations.*
- *Learn to communicate effectively using feminine energy to enhance relationships.*
- *Address tough topics like co-parenting and financial stress in a constructive way.*
- *Recognize that many people lack formal education on maintaining a healthy marriage.*
- *Challenge cultural narratives that suggest marriages inevitably fail or lose passion.*
- *Highlight the possibility of long-lasting love and friendship in marriage, as exemplified by the speaker's parents.*
- *Encourage seeking resources and support to improve marriage skills.*

Don't give up on acting out that kind of main character, romanticizing your life, feeling cherished, loved, adored, feeling those highs of true romance in real life with real passion and real desire. Instead of giving up on the expectations and lowering them, how about you increase the support? How about you increase your ability to actually get those things that you want? How about you learn how to communicate things with feminine energy? How about you learn how to polarize things in your marriage so that there's more tension and friction in the best possible way?

How about you learn how to communicate tough things like co-parenting disagreements or dealing with your in-laws or financial stress in a way that actually brings you closer together rather than tearing you apart? How about you learn how to think and talk and behave in ways that increase that sense of closeness, desire, and connection rather than self-sabotaging it and making it a thing that seems like a faroff fantasy. If that sounds good to you, those are all things that I learned the hard way. I've been married for almost 20 years, and I want you to leapfrog over all of my messy trial and error and get straight to the core lessons. They've been distilled. They've been designed to be bingeable and really hard-hitting and make a massive difference in your marriage. The students who I teach inside of Marriage University, married-youu.com, are learning marriage skills for the very first time. Because honestly, if you didn't see an incredible marriage growing up, and who amongst us did, most people did not. Then there's really zero reason for you to be excelling in this area. How would you know? We don't get taught this. No one hands us the manual on how to be a great wife and have an amazing marriage. And culture is selling you that lie that I mentioned at the beginning, which is that marriages just fail. Marriages just die. Your expectations are too high. Don't expect long-term passion and love. Even celebrity PhDs of psychology are saying things like, "Marriage longevity is a myth. Maybe you've just outlived this one. Maybe it's just run its course."

But I see my 76-year-old parents going on 55 plus years of marriage, enjoying each other, being more in love than ever, having a more romantic relationship than they ever did. And I know that is a cultural lie. I know that longevity and passion and desire and friendship in marriage is not only possible, but it's really desirable. It's really what all of us want, need, and deserve as we grow old. We want someone solid, loyal, and really attractive by our side. So, don't give up on your expectations, but do increase your support. And I can help you do that inside of