

Parent Rescue Squad

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SUMMARY

The discussion emphasizes the complexities and challenges of parenting in today's society, highlighting the need for better support systems for parents. It advocates for a shift in societal attitudes towards parenting, recognizing it as a demanding job that requires assistance, much like emergency services for physical injuries.

- *Many parents seek closeness and joy with their children but often feel overwhelmed by the demands of parenting.*
- *Parenting is complex and requires ongoing support, yet society often overlooks this need.*
- *Parents may attend classes not for love or play, but for practical solutions to everyday frustrations.*
- *The speaker envisions a future where parents can call for immediate support, similar to emergency services.*
- *The class will teach listening tools to help parents communicate better and manage stress.*
- *Parents will learn techniques such as stay listening, special time, setting limits, and play listening.*
- *The goal is to help parents understand their children's needs and foster a lighter, more effective parenting experience.*

most of us have something that we're looking for and and hoping to have around closeness around feeling really close to someone with no barriers in the way no complications and with young children this is really possible and we many of us are excited about the chance to play the chance to be with somebody who likes to pour water over their own head and laugh and laugh and laugh and then pour water over yours and laugh some more and

just this simple idea of enjoying life and having fun just it's one of the really wonderful things about having children and I think most of us are also interested in having the power to help someone in a big in a significant way um having the power to guide someone having the power to Smooth Life out you know in a more thorough way than life was smoothed for us however the realities of parenting in this Society are that there's so little

support for this work um people don't even consider it work really it's very complex work it's work where the learning curve is like this from the very beginning all the way up till when your child is 20 22 um and Beyond it's not easy work it's very personally challenging work and um and by the time you've gotten to this class you've probably come here not because of the idea of Love or play or you know really

being close to your child you've probably come here because you just want a good night's sleep you know because you just want to make it through a day without getting so frustrated you want to yell you've probably come here because you want a kid who doesn't drive you nuts over and over again and the the tools that you've been using the parenting ideas you've been using haven't got you to where you want to get and we're glad you're here with us um we

think we can help um what I want to say is that parenting needs to be supported much more thoroughly than it is in our society and just you know it's a kind of a funny little thought but the thought I've always had is that um many years ago I had a neighbor who was who is pruning her tree she was 15 20 years older than I was she was pruning her tree she fell out of Thee tree and

yelled out and you know we heard her the ambulance came and within 20 minutes she was in good hands and she was being taken care of she had an emergency something broke um and people were there we've organized Society so that nobody has to you know lay around in their backyard for three days and three nights someone comes someone helps but when parent patience breaks at home no one comes no one helps there's no one to

call there's no way to get out of a really rough interpersonal situation you know you're upset your child's upset you don't know what to do and what what I hope will happen in a society that understands the importance of connection and understands the importance of supporting parents so they can love their children well will be that you know in another decade or two that when you got to 6 o' at night and you had a little one clinging to one leg and your

other child's over at the table trying to you know do a project and they're paper tears and they're hungry and they're they're whiny and I I need Scotch tape where is a scotch tape and you're trying to fix dinner and you've just looked in the refrigerator and you find that you don't have enough milk for the macaroni and cheese that you had in mind and you have no idea what else to make it's like you're not thinking so

well either and you know this child whines again and you feel like your patience is breaking it's like what you want to do is what your parents do to you which is back of the hand you know if you wi one more time I'm giv you something to cry about kind of thing which is what many of us grew up with but instead in this Society that's figured out that parents really need and deserve support and that this enhances

the intelligence of our children and gives us a much easier time ourselves what you would do is kind of hobble over to this little button on the stove over here and you would push the little button and that sends a signal to the parent Rescue Squad and they like the ambulance um try to be there within 5 minutes you have broken patience it's a serious matter um there are three people in this van that come to your house

they've all been parents they liked parenting they like parents they've been to your house before they know you they know your children and when you need help you call them and they come they come and one of them takes you over and listens to how your day is gone and you get to tell them you know that my child when he whines it just drives me so crazy I don't know what to do and one of

them is over there you know bringing the Scotch tape to your child who needs help with his project and maybe giving him some carrots and peanut butter because he's hungry and the other one kind of peels the baby off your leg and plays with the baby for a little while until you've been listened to until you're no longer you know a volcano ready to blow and you know they found you some milk they usually carry that around and

your kind of your family is triage put back together you're in good communication took them about 20 minutes and then they go on down the street to the next family that's could use a little help it's like that's the way I would love to see us organize around parenting we're not here yet so what we have instead for you is listening tools we're going to teach you adult to adult listening tools that are going to help

you build support in your life we're going to teach you listening Partnerships and we're going to show you on the phone how a parent-to-parent listening group goes so that you get support you get listened to um you can tell your story and offload the stress that builds before it gets to the eruption point so you have a Dependable place to go with how hard it is and and and where you want to get we're going to

teach you four parent to child listening tools we're going to do them one at a time in this class we're going to teach you stay listening special time setting limits and play listening and what we're going to do is have you we'll talk about each tool each week you'll go home you'll try it with your children um you'll come back with some stories about how it worked or how it didn't seem to work your telephone Mentor will help you

um adjust what you're doing a little bit or explain to you why things happened the way they did from a Parenting by connection perspective and you'll have another set of things to try that week so we hope you'll get a chance to learn these very valuable tools what these tools can do is to lift troubles out of your mind and out of your heart so that you're parenting with a with a lighter uh a lighter life you know not so much

on your shoulders and because you understand your children's core needs better um the love that you're offering and the way you're offering it really work to deliver everything you've always wanted your children to have from you that's our goal