

10 Must-Know First Aid Tips Using Home Supplies

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SUMMARY

The video from KSP TV provides essential first aid hacks for parents to manage common injuries and ailments in children. These easy-to-follow tips utilize household items to alleviate discomfort and promote healing, making it easier for parents to respond during emergencies.

- *Banana peel can relieve itching from mosquito bites.*
- *Duct tape can prevent shoe bites from new shoes.*
- *Aloe vera gel is effective for soothing sunburn.*
- *Olive oil or baby oil can help remove Band-Aids painlessly.*
- *Onions can reduce inflammation from bee stings when applied to the area.*
- *Eating marshmallows can soothe a sore throat.*
- *A DIY ice pack can be made using a wet sponge frozen in a zip lock bag.*
- *A heat pack can be created by microwaving rice in a sock.*
- *Sugar can relieve pain from a burnt tongue.*
- *For bleeding, apply pressure and use tea to help clotting.*

for more recipes conversations and DIYs for kids hit the Bell icon to never miss a video from kidsstoppress.com hello and welcome to KSP TV today we're sharing with you really important first aid hacks that every parent must know as parents we all go through the bruises the burns the cuts the falls and we don't know what next right but that's very very important that you keep in mind all of these first aid hacks that are accessible in your house and make it

really easy to adjust the situation when it's really tensed so let's get started mosquito bite a constantly itching mosquito bite is enough to drive us crazy so imagine what our little ones go through when they had multiple bites at a time apparently banana peel does the trick shoe bite new shoes are bound to give shoe bites to prevent those painful shoe bites cover the spot with a duct tape [Music] sunburn well we all know that sunburn

should be avoided at all costs but sometimes the sun is just too harsh aloe vera gel will take away all the pain and instantly relieve you Band-Aid yes has a hack for removing those pesky Band-Aids that kids love to put on and hate to take them off dip a cotton ball in olive oil or baby oil and rub it against the Band-Aid it'll allow the Band-Aid to fall off just right be sting some compounds in onions are antibacterial

and can reduce inflammation after removing the stinger scrape it off with a credit card or with your fingernail

place an onion on the area to speed healing sore throat your kids are going to love this hack when you actually tell them that if you eat a marshmallow it'll soothe your throat it may sound a bit crazy but we've tried and tested this and it works ice pack you can make an ice pack by utilizing a perfect foam or

sponge getting it wet with water and placing it in the freezer after sealing it in a zip lock when the ice smells it'll never let it drip because the sponge will soak it all heat pack for heat packs pour rice in a sock and microwave it for about 20 seconds or so the rice holds the Heat and the sock will conform it to the area on the body a burnt tongue ah that happens often pour a small Spoonful of Sugar on your

tongue and let it melt in your mouth the glucose and sugar helps relieve the pain and it's probably the only time you'll be encouraged to eat straight sugar bleeding the most ideal approach to ease the bleeding is to put pressure on the specific wound but if the bleeding is profuse sprinkle tea and cover with cotton or napkin and hold on to that pressure for 15 minutes I hope you like this video and if you do then don't

forget to like share and most importantly subscribe also hit the Bell icon so you get notified every time we have a new video and of course if you have any first aid hack that's really worked with your kids then do leave it in the comments below because it'll help so many more parents and if you have any fun ideas for our videos and again leave them in the comments below see you guys [Music]