

Check Out Our Newest E-Course: Engage with Equity

4 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=BCE8JK_NSPU](https://www.youtube.com/watch?v=BCE8JK_NSPU)

https://www.youtube.com/watch?v=bCe8jk_nsPU

SUMMARY

The discussion centers on the urgent need to address the well-being of children, particularly within marginalized communities. The speaker emphasizes the importance of equity in education and health, advocating for a conscious discipline approach that is inclusive and beneficial for all children, regardless of their background.

- Many children in the U.S. are not thriving, prompting a need for uncomfortable but necessary conversations about their well-being.*
- Black individuals face shorter life expectancies due to societal pressures, highlighting the importance of finding personal safe spaces for mental and physical health.*
- The speaker aims to empower Black children and adults to fully live their lives and thrive.*
- Conscious discipline is presented as a tool that can benefit all children, regardless of race, challenging the misconception that it is only for certain groups.*
- Equity in education means providing tailored support to ensure every child has what they need to succeed.*
- The program aims to create a sense of belonging and representation for marginalized communities in educational settings.*
- The journey towards equity may be challenging, but it is essential for community growth and individual empowerment.*

[Music] when you ask the question are the children well are children okay across our country we have to answer no because all the children aren't thriving and when you dig into why it gets difficult and it gets uncomfortable but the conversation is one that we must have if anything is going to change

[Music] there are so many times that I hear about black women or black men in the short life expectancy and why does that happen to people who look like me so often the pressures of the world they weigh you down and if you can't find your own safe place within yourself

that's when your health suffers really that's how this program came about I want more than anything else for little brown boys and girls who look like me and for adults to have the opportunity to have life and to be able to truly live it I am what I am to be whether black or white audio General conscious discipline has benefited me I have different tools that

help me be able to travel through spaces that aren't always safe it's important that we start to see conscious discipline as something that belongs to all of us something that can work with all of our children whenever I

would go out with my coaches we would always get a similar reaction this ain't for black people we don't talk like that and this is not going to work for our

kids they keep telling me May baby what feels like when I was in the classroom I remember telling my children you get what you get and you don't throw a fit you get the same thing as your neighbor did right that's an equality mindset Equity is me me making sure that you get what you need to be successful something as simple as accessible restrooms and parking

spots eyes up to the sky you love much more than I could find you save my life you come through every single time I see the light I see the light the beauty of this program is it is made for black people but it's also made for white people and anyone else who chooses to go on this journey with us we are going to learn skills together about what you do next to allow you to

make the change that you want to see in your life and in your communities this Labor of Love Allowed me to bring all of my friends together so that those who don't usually see themselves in conscious discipline now can look up on that stage and say hey she reminds me of myself so if you are ready to engage with Equity I have the privilege of walking along with you through this journey we might have some spots where

it gets a little hot where it gets a little sticky but we can make our way through it [Music] together w oh W

[Music] la