

The Myth of 'Everything I Never Had' | What Our Children Really Need

1 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=C5KXS8RW21W](https://www.youtube.com/watch?v=C5KXS8RW21W)

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SUMMARY

The speaker challenges the myth that parents should strive to give their children everything they lacked, emphasizing that true leadership in parenting involves modeling the qualities and skills one wishes to instill in their children. Instead of solely focusing on material or superficial gains, parents should prioritize their own self-development to effectively guide their children.

- The belief that parents must provide children with everything they lacked is a common myth.*
- Upward mobility and improvements in global conditions are acknowledged, but personal development remains crucial.*
- Effective parenting involves modeling resilience, confidence, and other desired traits.*
- Leaders in parenting should demonstrate behaviors first before expecting children to emulate them.*
- Sacrificing personal growth and interests for the sake of children can be counterproductive.*
- A balanced approach to parenting includes self-care and development alongside nurturing children.*

There is a myth out there that most of us have this goal to give our children everything that we never had. Okay, that we should somehow make their lives so much better than ours. Somehow give them more money, more stability, more opportunities. Okay, all of that it's it comes from a good place. It's good. It's fine. There is certainly generally, you know, upward mobility throughout the generations. The whole entire world has become richer and richer and and more and more healthy and less and less wars.

despite this current moment. But in general, things have gotten better for humanity and that's good and we want to continue that trajectory. With that said, being a leader means going first. And what that means is you can't give what you don't have. Okay? So, if you want your child to develop resilience or confidence or great social skills or academic rigor or whatever goals you might have, physical health, etc., etc., I think the most profound leadership role of parenting is the role of modeling. It's the role of trying it out on yourself. The leader is the one that's willing to jump into the water to test it first. The leader is the one to say, "Here, I'll show you how it's done.

I'll do it once, then you copy me." And I think many of us hold these ideas of something we might be able to give our children be it physical, emotional, spiritual, whatever that we have not developed. And many of us are sacrificing ourselves. And I believe in a certain level of sacrifice that's inherent in parenting. Okay? I'm not going to say that that's a bad thing. But sacrificing say our self-development, our interests, our passions, uh our health at the altar of our child.