

(no title)

2 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=FQUGNQK4LEG](https://www.youtube.com/watch?v=FQUGNQK4LEG)

<https://www.youtube.com/watch?v=fQugNqk4LEg>

SUMMARY

The speaker discusses the integration of various scientific disciplines to develop a coherent theory of attachment, emphasizing its hierarchical nature as opposed to the traditional social construct. They highlight the importance of understanding attachment in the context of family dynamics and its relevance in addressing children's social needs, especially during challenging times like the pandemic.

- The speaker's work focuses on synthesizing knowledge from natural sciences, particularly physics, chemistry, and biology, to understand attachment.*
- Attachment theory, introduced by John Bowlby, improves upon the concept of social relationships by emphasizing hierarchical bonds.*
- The traditional view of social relationships is critiqued for being too horizontal and neglecting the importance of family dynamics.*
- The speaker argues that attachment is essential for fulfilling children's social needs, particularly highlighted during the pandemic.*
- The hierarchical nature of attachment is crucial for understanding the primary ties that bind individuals together.*
- The speaker's book, "Hold On to Your Kids," addresses the implications of attachment theory for child development and social needs.*

these are all pieces of the puzzle what i love to do is put puzzle pieces together so i took it as my life's work so to speak my project to to reach as broadly as i could i since my own background as in the natural sciences trained in physics and in chemistry uh i i reached uh for it and in biology i reached for it in the natural sciences where where you see the the basic

characteristics of attachment uh and so on but this is uh bringing all of these pieces together and to try to put it together into a coherent theory uh now again bolby gave us the word to put all these pieces together attachment uh this is this was a huge improvement over the construct of social because when the term social uh

uh had the connotation a relationship that is horizontal between peers and in actual fact that's what aristotle meant that he liked to hang out with his buddies and so he was thinking of social uh if mrs aristotle would have been the one to put this on the map i'm sure she would have used a word that went hierarchical in terms of family because probably aristotle wasn't home much he was always with his buddies and so but this

construct of social and because men have been at the at the forefront of attachment theory for millennia uh that this theory of this idea of peer relations what i talk about in my book hold on to your kids that still exists today

the idea that children and we have social needs and these needs are preeminent in the pandemic we have all of these concerns that the children are deprived of what their social needs are

uh and uh in an actual fact attachment theory informed us confronted us revised this idea completely updated this attachment meant to capture the hierarchical nature of it and get rid of this construct of social which had blindsided us to the truth of attachment is the primary ties that bind the primary seeking for togetherness is

in a vertical form and needs to be in a vertical form to serve its purpose [Music] you