

Using Neuroscience to Design an Environment that Deescalates Classroom Behaviors 2-Day Workshop

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=Gf4IHI8mABW](https://www.youtube.com/watch?v=gF4IHI8mABW)
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SUMMARY

Jenny Greece, a conscious discipline certified instructor and veteran second-grade teacher, addresses the challenges of managing chaotic classrooms and escalating student behaviors. She emphasizes the importance of understanding emotional regulation through conscious discipline and neuroscience, offering strategies to help both students and teachers navigate conflicts and create a calmer learning environment.

- *Increased classroom chaos and student aggression are common challenges.*
- *Many students struggle with emotional regulation and conflict resolution.*
- *Conscious discipline and neuroscience provide tools to identify triggers and brain states.*
- *The workshop will include rituals and structures to deescalate classroom chaos.*
- *Teachers will learn techniques to calm their own nervous systems.*
- *Real-world examples and implementation tools will be shared for practical application.*
- *The goal is to foster student success and improve classroom dynamics.*

[Music] my name is Jenny Greece and I am a conscious discipline certified instructor as well as I am a second grade teacher for well over 30 years do you find that your classroom is chaotic and behaviors are escalating I have seen an increase in physical aggression arguing and yelling back students are having a hard time being able to solve conflicts on their own and I get it I'm right there in the classroom with you

and some days are simply overwhelming and exhausting I have a group of students that have a really hard time managing their emotions and very disregulated and disruptive during the classroom through the knowledge of conscious discipline and Neuroscience I was able to identify the patterns of their triggers and their brain states to be able to meet them exactly where they are and teach a new skill so they regulate their emotions and be ready to

learn in this Workshop we are going to share conscious discipline rituals and structures that will help deescalate chaotic times in the classroom and not only with the students but we are going to share ways where we can calm our own nervous system so we are composed and we can see behavior in a new way we have two funfilled days planned for you with engaging experiences real world examples of what what is going on in our classrooms and give you implementation

tools and the support system that you can bring back to your schools and your students so they can be successful

I can't wait to connect with you and see you there so until then I wish you well [Music]