

Ask a Grown-Up With Tyra Banks

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<https://www.youtube.com/watch?v=hTm2u1pLaL0>

SUMMARY

Tyra Banks answers kids' questions in a fun and relatable way, sharing her thoughts on aspirations, fashion, and childhood fears. She emphasizes the importance of support, body positivity, and creativity, while also discussing practical solutions for common childhood concerns.

- Tyra expresses a desire to be Anna from "Frozen," supporting her friend Ruby as Elsa.
- She loves wearing oversized sweatpants and sweatshirts for comfort.
- Being tall is celebrated, with Tyra highlighting the advantages of height, like seeing over crowds.
- She shares her childhood fear of the dark and how she managed it with a nightlight.
- Tyra discusses her son's bedtime routine with a special alarm clock, Clocky, which helps him understand when it's okay to get out of bed.
- She teases a new TikTok dance called the "smize slide," which she plans to choreograph.

i'm tyra banks and this is ask a grown-up where i answer questions from kids oh gosh ruby when i grow up you know elsa that's really hard to beat so you're going to be elsa and i think i want to be anna i want to be your sister i want to be like that strong support that you're gonna need

because you're gonna be like ruling the whole snow kingdom queendom and you need some backup and you need some support so i hope to grow up to be anna chelsea my favorite thing to wear in the world are sweatpants and like sweatshirts and i like them to be like three or four sizes too big because then i feel like you know i'm in shape you know like i don't need to go to the gym like i'm just feeling so comfy right now

[Music] maria being tall is the coolest thing in the world you have the coolest mom because she's probably the tallest mom which means that she can see above all the heads of the other moms so like when you guys go to the movies and like there's like other people like in the movies you can like see over their heads at least your mom can and she can tell you what's happening when other people are blocking the way tall girls rule tall girls

should wear high heels tall girls should just say you know we are amazing and we should stand up very straight with our heads held high andrew i'm not afraid of the dark but i used to be and i used to have my mom plug in this little nightlight in the outlet in the room just so i could have a little bit of a glow and my son right now he's not super afraid of the dark there are some nights

when he's like mommy can you just keep my door open a little bit and just keep the hall light on we also have a kind of an alarm clock of sorts for him called clocky and so when he goes to bed clocky is red which means you must stay in the bed as the sun rises clocky turns yellow so that if yorke wakes up and he sees that the clock is

yellow it means don't come into mommy's room yet when

clocky turns green it means it's okay to get out of bed and come see mama so clocky for him has this almost like a night light because it glows a little bit so it's not so dark and secure [Music] oh sloan my favorite tic toc dance is a tick tock dance that hasn't been created yet it is called the smize slide and somebody that you're looking at is

the choreographer of that and it is all about some ice cream which is the coolest ice cream in the world that has a surprise in every serving so tony you get ready for this my slide because it has come in your tick-tock way very soon

you