

Evolve is in two weeks. Hear Vishen and me discuss it!

7 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=HM3JF-FMD0I](https://www.youtube.com/watch?v=HM3JF-FMD0I)
<https://www.youtube.com/watch?v=hm3JF-fMdoI>

SUMMARY

Dr. Shefali Sabari, a renowned parenting expert and best-selling author, introduces her transformative event "Evolve," designed for individuals seeking deeper self-awareness and personal growth. This four-day immersive experience focuses on deconstructing limiting beliefs and fostering authentic connections, regardless of parental status.

- "Evolve" is a four-day event that includes a meditation day, aimed at helping participants discover their authentic selves.*
- The first three days involve deep, transformative work led by Dr. Shefali, focusing on personal growth, relationships, purpose, and breaking free from societal conditioning.*
- Participants are encouraged to engage fully in the experience, as it is not available online to foster deeper connections.*
- The event attracts seekers who are ready for significant life changes and are committed to personal development.*
- Attendees can expect to leave with practical tools and insights applicable to their lives and relationships.*
- Dr. Shefali emphasizes the importance of taking action to create transformation, urging potential participants to invest in their growth.*
- The event is tailored for those who are serious about personal exploration and are not looking for superficial entertainment.*

hey everyone I'm so happy to be here right now with shafali sabari she is one of the most amazing teachers on Mindvalley every time we put shefali in a video or on stage people are absolutely mesmerized because this woman not only is her it's her wisdom so profound that she seems to like Channel The Universe and Inspire an entire room she's won so many awards here on Main Valley one of the best speakers we've ever had best masterclass one of our

most popular podcast episodes some of the most popular talks on mind Valley and I'm so excited to introduce you right now to best-selling author and the woman Oprah deems the number one parenting expert in the world Dr shafali sabari thank you thank you Vision being so nice to me for a change I I love I love mind Valley I love your audience I have been to a fest I've been to Mindvalley University uh your company is Bar None the leading self-growth

company in the world I love my quest so proud of it if people haven't seen my quest on Mindvalley I think it's pretty phenomenal so they should all yes so so for those of you who may not know chapali's conscious parenting program in mind Valley is is absolutely stunning and it completely changes the way you relate to your child but

what shafali is doing next is for people whether you're a parent or not and it's called evolve

it's a special event shafali is putting together you don't have to be a parent you can be male or female shafali tell us what is happening at evolve and what evolve is all about so like Mindvalley I have many courses online but also like you believe there's something magical about getting people together in the same room so once a year till covid I began doing evolve this is my sixth evolve it's a four day event uh the

fourth day is a meditation day because by the fourth day you reach a different state of being like your book talks about and you're ready to enter a different frequency so the first three days are the the main part of evolve it's an annual Gathering of light-hearted people who come to my work and and what is my work my work is really about helping people go deeper to find their most authentic self so unlike other conferences which have uh you know

every hour a different speaker or a different topic all of the weekend is mainly me on stage so if people don't like the sound of my voice that's not for them but uh I really take them on a journey to deconstruct their misbeliefs their false conditioning their the ways in which their childhood ego has blocked them from living their most glorious life but it's a process and evolve is a microcosmic process that I take them through live so that when they leave

they leave more authentic and they learn tools and strategies to connect with their children their partners and themselves and remind us how many days is it so the the main chunk uh the the obligatory part is three days but people can come day by day but they don't get the same effect and then the meditation is the fourth day it's uh it's got it so it's a four day transformational experience and and for those of you who might be

wondering why I'm so enthusiastic about recommending this I've got to tell you a funny story so shafali I was interviewing for a show on Fox with Megan Porter on Saturday so just this past Saturday a few days ago and as I was sitting down with Megan on this on her Fox television show and she was interviewing me on Mind Valley I happened to ask her what's your favorite teacher on Mindvalley and she said oh my God shafali sabari that woman has

completely changed my life she helped me become the woman I am today and I think it is so incredible to hear someone who has achieved so much success in the world uh having her own talk show on television credit you with helping her get there so congratulations for that and all of the other lives you you've changed I I saw the singer Alicia Keys reciting a poem from your book radical Awakening and it's amazing to see how

you are touching lives all around the world and not just people who are struggling but people who are at the Pinnacle of success so my next question is why should someone join a ball you know in order to create transformation in our lives we have to do something different you know this better than anyone and until you take that action and buy a ticket and invest the money and leave your old stagnant typical habits behind you will not be

able to embrace the news so I I do not put evolve online even though people beg me to because I force or challenge people to come to a room stay there for three days with one teacher aka me and I will take you down to your deepest authentic self this is not a superficial Journey this is about really entering your deepest manifestation and it takes time so that's why people need to come to evolve so that they go through this

immersive transformational experience and leave and what type of people typically do come to the ball well typically people who know that they're not going to leave the same that who are ready to die they know my work my work is deep I don't play a small and so the people who come are really Seekers who are warriors who I have you know are they tired of where they are and they really want to make a difference in their life and they're

ready to commit to a new way of being so this is not for the you know the one who's just looking for entertainment or comedic relief this is really for a Seeker so if you want a real seeking experience this is for you um so thank you for sharing it with Mindvalley right and and the next question is what will people expect as you go to evolve as you go to this four-day experience how would your life

unfold what would you expect to see shift yeah I'm going to take people uh through four layers of transformation the the personal the relationships your children and your partners your purpose and your passion and then lastly how to break free from the cultural Matrix that we live in so the personal the relationships your purpose and passion and the cultural so on each level we're going to spend a chunk of time on deconstructing uh the lies around each

of these areas and our blockages our fears and in each area you're going to experience relief and Liberation so you're going to take something from each area and you're going to immediately be able to apply it in real life I see that's amazing that's amazing so where can they get more information on the ball so they go to the website evolve with the command Valley and only for people buying the ticket now so if you already

bought the ticket too bad it's evolve 100 400 off evolve hundred you go to evolve with Dr shafali.com and I hope to see you there thank you vision for supporting this amazing Summit I'm so grateful thank you