

The new standard: Real. Raw. You.

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=JEBM-9PGZPW](https://www.youtube.com/watch?v=JEBM-9PGZPW)
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SUMMARY

Women often feel pressured to be perfect, do it all, and please everyone, leading to an unsustainable burden. It's essential to shift these unrealistic standards towards embracing authenticity, vulnerability, and imperfection.

- *Many women believe they must excel in every aspect of life.*
- *The pursuit of perfection creates an unachievable standard.*
- *This mindset leads to continuous striving and dissatisfaction.*
- *A new standard should focus on ordinariness and authenticity.*
- *Embracing vulnerability and fallibility is crucial for personal growth.*
- *The concept of the "authentic woman" emphasizes courage and curiosity.*
- *It's time for women to redefine their expectations and embrace their true selves.*

almost every woman I know makes these mistakes daily she believes she needs to do it all she believes she needs to be perfect at it all and she believes that she needs to please everyone while doing it we women we have placed this burden on our shoulders and we keep striving keep trying keep craving to be that standard and the tragedy is it's never going to be good enough it is time to

realize that this setup needs to stop by us and it is time for us to create new standards standards of ordinariness imperfection fallibility rawness vulnerability courage curiosity adventure and most of all authenticity it is the dawn of the new woman the authen IC woman the

awakened woman it is the dawn of you