

Learn More About Potty Mastery: A Child-Centered Approach to Toileting

2 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=J0-E2UB0TZ8](https://www.youtube.com/watch?v=J0-E2UB0TZ8)

<https://www.youtube.com/watch?v=j0-E2Ubotz8>

SUMMARY

Potty training is a significant developmental milestone that can strain parent-child relationships if not approached with care. The focus should be on recognizing the child's readiness and internal cues rather than imposing adult expectations or rewards.

- *Potty training is a developmental milestone worth celebrating, but it can create disconnects in parent-child relationships.*
- *Parents often mistakenly try to control the potty training process, leading to frustration.*
- *Early Childhood providers emphasize listening to children's needs in other areas, like hunger and sleep, but often overlook this in potty training.*
- *The concept of "body bosses" encourages children to be in tune with their own bodily signals.*
- *Mastery of potty training should come from understanding and supporting the child's readiness rather than demanding compliance.*
- *Accidents are part of the learning process, and managing them with patience is crucial.*
- *Celebrating successes in potty training fosters a positive experience for both the child and the parent.*

[Music] pottyng is a huge developmental milestone and something to be celebrated but it can also be part of the disconnects if you will of a relationship between a parent and a [Music] child

anytime that you've tried to make someone else do something it ends up in in some kind of disastrous way every time I've had a parent come to me before and say I am tired of buying diapers so here's a bunch of underwear good luck or we'll hear parents saying things like go pee pee for mommy you know I'll give you a sticker If you go to the bathroom as Early Childhood providers we're taught to let children you know say when

they're hungry say when they're ready to sleep and we teach them to listen to their body and those instances but for some reason when it comes to pottyng it's all about the [Music] adult cty Mastery helps you bring your

most safe connected self into problem solving and getting the skill for the child it's not about when we decide it's time for them to learn how to go in the potty it's about us watching for those signals that non-verbal language that the child is ready that internal voice that they have that's what she's describing as a body boss like we want to raise little body [Music]

bosses [Music] [Music] this will help me help other people understand the importance of mastering the PO

without demanding or controlling how they do it help them manage all of the the accidents and then come out on the other side celebrating their success we're in this together you do

[Music]