

Learn To Identify What Brain State Your Child Is In By Their Behavior

3 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=JF4PYAV63_W](https://www.youtube.com/watch?v=JF4PYAV63_W)
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SUMMARY

The discussion focuses on understanding children's behavioral states—survival, emotional, and executive—and how these states influence their reactions to touch and social interactions. It emphasizes the importance of teaching children socially acceptable ways to express themselves to help them move from instinctual responses to more conscious, regulated behaviors.

- *Children in the survival state may react with physical aggression (hitting, pulling away) when touched.*
- *In the emotional state, children may exhibit verbal aggression (name-calling, exclusion) in response to touch.*
- *The executive state represents higher brain functions, allowing for conscious thought and self-regulation.*
- *Executive skills enable children to understand their emotions, set goals, and empathize with others.*
- *Teaching socially acceptable words is crucial for helping children express their feelings appropriately.*
- *Without guidance, children may remain stuck in instinctual responses, lacking control over their reactions.*
- *Recognizing and addressing these states can aid in better behavioral management and emotional development.*

if a child's in the survival State and you try to touch them they'll try to hit they'll pull away or they'll try to hit you if a child is in the emotional state and you try to touch him they'll go stop it stupid so this is verbal aggression name calling exclusion we don't like her we're not going to play with her this is physical aggression how do you know the difference the body's involved hitting pushing kicking hiding

running this is name calling stupid idiot us and theming then the next state we have is the executive State now in this state let's put this on first blank on this state this is the higher centers of the brain now remember this is conscious this stuff is unconscious okay this is conscious so up here we're looking oh I wonder what the

what that behavior is about I want oh it's a call for help what are they trying to tell me what skill are they missing what do I need to teach let me let me investigate this let me find some Clues and watch that child and notice them carefully and find out what's going on in here we have What's called the executive skills and these are the skills this is the CEO so in this state is the CEO of the brain the boss gets to

override impulses and insecurities from this section oh I can override all that oh you're stupid well maybe not today you know I can override that so in the executive skills it allows you to set and Achieve goals get along with others see from someone else's point of view because in here it's a literally in the executive skill you get to choose how you see a situation all right now watch this I'm going to act out

something you're that's going to call guess the state okay okay so survival yes all right and here sural survival Sur
no now that's Survival remember survival is also hiding so withdrawn what's

this surval all right right now this one stupid stupid stupid I hate you I'm not even going to be with people like
[Music] you you made me so angry and this one I don't like it when you touch me walk around me so again it
would be this journey of

actually using socially acceptable words touch me Jenny and it would be bam touch me don't touch me stupid
and touch me I don't like it when you touch me keep your hands to yourself it's the Journey of using our socially
acceptable words but unless we teach children socially acceptable words the journey stops and we end up stuck
in pre-programmed conditioned responses that in an conscious State we have no

control of