

Collaborative Problem Solving for Schools

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SUMMARY

Dealing with behavioral challenges in the classroom is a significant source of stress for teachers and a leading cause of teacher attrition. Traditional disciplinary methods often fail and can exacerbate issues, particularly for students of color. A collaborative problem-solving approach is proposed as a more effective, compassionate alternative that focuses on skill-building rather than punishment.

- Teacher stress is primarily caused by behavioral challenges in the classroom.*
- Traditional disciplinary strategies are ineffective and can worsen student behavior.*
- Punitive discipline disproportionately affects students of color.*
- Many students struggle with behavior not due to a lack of will, but a lack of skills.*
- Rewards and punishments are often ineffective for students who already try hard to behave.*
- The collaborative problem-solving approach is evidence-based and helps reduce challenging behavior.*
- This approach fosters better relationships between teachers and students.*
- A shift towards humane and equitable school discipline is necessary for effective education.*

Speaker 1: Dealing with behavioral challenges in the classroom is the number one cause of teacher stress. It's also the number one reason that talented teachers drop out of the profession prematurely. And it's the number one reason for teachers departing from teaching the academic curriculum. Traditional school disciplinary strategies not only don't work for the kids they're applied to the most, but they often make matters worse. Even worse than that. Punitive school discipline is disproportionately applied to students of color.

Speaker 1: And in our efforts to be trauma sensitive schools these days, traditional school disciplinary strategies are about as trauma insensitive as they come. The good news is, we know why traditional school disciplinary strategies don't work. Because these kids don't lack the will to behave well. They lack the skills to behave well. So it's no wonder. Then why no end of rewards, punishments, reinforcement systems, sticker charts aren't going to work.

Speaker 1: Simply motivating these kids to behave well doesn't work because these kids are already trying harder than anybody else to behave well. Our collaborative problem solving approach is an evidence based approach that has been shown to reduce challenging behavior, help you restore the relationships that you're aiming to have with your most challenging students, and help these students build the skills that they struggle with. It's really time to rethink school discipline and to transform how we work with these students.

Speaker 1: We invite you to use our collaborative problem solving approach to completely transform the lens through which you look at challenging behavior and how you work with your most challenging students. It's

time for more humane, compassionate, effective, equitable school discipline.