

Safe Place - Made for Infants and Toddlers

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=KLJV6_WQJTO](https://www.youtube.com/watch?v=KLJV6_WQJTO)
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SUMMARY

The discussion focuses on creating a supportive environment for infants and toddlers to manage their emotions through various activities and tools. The safe space is designed to accommodate both children and adults, allowing for interactive emotional learning and regulation techniques.

- *The infant-toddler safe place is spacious enough for adult involvement.*
- *Children practice breathing activities and emotional regulation techniques.*
- *A "stomping square" is used for redirecting aggressive behavior through physical activity.*
- *Icons representing different emotions help children identify and express their feelings.*
- *An "I love you ritual" pocket chart allows for flexible emotional engagement.*
- *Tools like "boo boo lotion" and "cranky cream" are available for comfort.*
- *Mirrors are provided for self-reflection on feelings.*
- *Songs like "Twinkle Twinkle Little Star" are incorporated for calming activities.*

okay the infant toddler safe place is bigger so there's room for the adult to actually be in there also we have um pictures over here of the children actually practicing um the drain and the different breathing activities um that we've been teaching them right here we have our stomping Square um if we have a child who is comes in and is aggressive we redirect them to use their stomping thing feet if you're angry and you know

it sh drain it out and then of course when they come to the safe place they'll have a choice between um the icons we have the emotions over here so they can see what what are those faces going to look like this is our I love you ritual pocket chart and we did it this way so we could actually have um change out um and put in new ones and then wouldn't need to relabel anything have

our boo boo lotion and our cranky cream they can use this is another mirror look at me I'm feeling sad and Twinkle Twinkle Little Star rub and dry