

5 Things NOT To Buy as a New Dad - Stop Wasting Money

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SUMMARY

New dads often feel pressured to spend excessively to provide for their children, but the essence of fatherhood lies in love and presence rather than material gifts. In this video, Jason Kreidman outlines five common expenditures that new dads should reconsider to avoid unnecessary financial stress.

- *The quality of fatherhood is defined by love and support, not material possessions.*
- *Theme parks and expensive events are often not worth the cost, as young children won't remember them.*
- *Many expensive toys go unused due to short attention spans in infants and toddlers.*
- *New clothes for babies are often a waste, as they grow quickly and can easily ruin outfits.*
- *Gadgets like bottle warmers and sound machines are not essential for parenting.*
- *Birthday parties for very young children can be more for adults than the child, making them an unnecessary expense.*
- *Dads should focus on being present rather than succumbing to societal pressures to spend.*

one of the biggest stressors for new dads is money no doubt it's not having enough money it's spending too much money and the idea of not having enough money to afford your child is scary as fathers we all want the best for our children we are providers and we want to give our children the best that we can however i want to say something that i hope you can take in the quality of who you are as a dad

is not determined by the things that you buy for your child of course you want to make sure they have the basics of food clothing and shelter but i see so many dads struggle internally with being able to provide their children the best of things the quality of who you are as a dad is about the love that you provide your child it's about being there and being present it's the support you give as your child

grows that's what being a father is all about in this video i'm going to discuss five things that we waste money on as new dads and be sure to stick around until the end because number five is the one that i get a lot of arguments about but i love your comments and the cool part is that you can totally disagree and we can still be friends we can agree to disagree let's get started hey guys i'm jason kreidman creator of

the dad university parenting program if you are a dad and you want to go from confused and overwhelmed to calm and confident parent then my parenting program can help set up a phone call with me to see if my program is a good fit i'll put some information in the description below today i'm here to help you not waste your money here are five things to not buy as a new dad number one theme parks and expensive events now

your six month

old might get a free ticket into a theme park but your ticket is not free now we can easily spend hundreds if not thousands of dollars for a family fun day at a theme park or maybe there's a really expensive event and you feel like your baby or small child will really enjoy it listen if you want to go to these places because you really enjoy it well that's up to you i'm not going to argue that

i'm talking about going to these theme parks or events because you feel like your child will enjoy it here's the thing your one-year-old will get the same hit of dopamine by opening an empty box with wrapping paper that they will by going to a theme park they are not going to remember the insanely expensive day that you had planned save your money number two toys remember that empty box with the wrapping paper i just mentioned

well that can entertain a child just as well as any other toy what happens is that we buy or we get gifted very expensive toys for newborns or very young children and you are very lucky if that child will actually even use that toy the attention span of a baby or young child is very low the likelihood that they are going to get good use out of a toy

is very low as well now when your child becomes a toddler well that's a different story they may take the same doll or action figure everywhere they go you'll probably get some good use out of it but when they are newborn or very very young it's really a waste of money to buy these expensive toys and a lot of toys they're not going to use them and they're going to be a waste number three new clothes before my first

child was born i didn't imagine anything but brand new nice clothes for my child but when my child was actually born boy did that change i wanted my child to look nice but then reality set in throw up diaper blow out spit up there really is no reason to have a baby in expensive clothes one the clothes aren't gonna last long because the child grows so fast and two

why would you want to have really nice expensive clothes that are going to get ruined with all of the things that come out of a baby when we got hand-me-downs from family friends and neighbors it was glorious i honestly don't think that we purchased any clothing for our children from age zero to two maybe we got a couple of gifts when they were born as like onesies and some outfits but by and large it was all

hand-me-downs and it was perfect i suggest sending out a note to family friends neighbors whoever saying hey if you have any clothes baby toddler whatever we'd be happy to use them and most people are pretty happy to get rid of those clothes as well i know you want to get that cute holiday picture and maybe you can have grandma pick out an outfit but for the most part it is a waste of money to get those

brand new expensive baby clothes number four gadgets we've got bottle warmers sterilizer wipe warmers expensive cameras and monitors sound machines it goes on and on with the gadgets my wife and i did not use any of these gadgets for either of our children and everything was okay gadgets and these things are not

something that you have to have now if you're a gadget geek and you love

the technology and you love experimenting with those kinds of things have at it but what i am saying is that they are not a requirement your child is going to be okay you will be okay but if it's something that you want to spend money on go for it and the last one number five and this one might be a little unpopular birthday parties yes i said it from age one two maybe even three or four

people spend so much money on birthday parties you have to look at the situation and determine if you are throwing a party and spending all this money for your child or for you if the majority of people there at this party are adults that party is for you you want to have your immediate family over for a meal or dessert fine but pony rides catering and having a bunch of people get together for a one-year-old's birthday

it's a waste your child isn't going to remember it do you know how many birthdays i went to for one or two or three-year-olds and the child was asleep while we are celebrating their birthday we're having cake and the child is napping something seems off about that now like i said if you want to have a small little intimate gathering fine but spending a thousand dollars on smoke machines huge barbecue pony rides and everything

else is a waste you're not going to remember it and either is your child put that money that you are going to spend into some kind of investment for your child or something else that will be useful for their future ponies will come and go as i said in the beginning of this video who you are or what you are as a father is not determined by the things that you buy it's by the love and the support and

being there for your child don't get caught up in all the craziness and the marketing surrounding having a child you know there's a lot of hey the neighbors got this or my friend did this you don't have to keep up with anybody focus your attention on being present instead of giving presents now remember that be present over giving presents it is way more important in the long run i hope you enjoyed this video i'd love to get your feedback

what is something that you think that we waste money on as new dads put your feedback in the comment section below also it really helps us spread our message if you give this video a thumbs up and if you know anybody that might enjoy it please share it with them we'll see you next time [Music] you