

Exclusive | Rapid-fire With Nishal Rawal On Parenting

8 MIN • YOUTUBE • [HTTPS://WWW.YOUTUBE.COM/WATCH?V=MRAVXFxERWI](https://www.youtube.com/watch?v=MRAVXFxERWI)

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SUMMARY

The conversation features a mother sharing her experiences and insights on pregnancy, parenting, and personal values. She expresses excitement about her pregnancy journey, emphasizes the importance of authenticity in parenting, and discusses her passions, including animal welfare and zero waste fashion.

- *Excitement and multiple tests confirmed her pregnancy.*
- *Key to successful parenting: being true to oneself and aligning actions with words.*
- *Strong advocacy for animal welfare and education for girls.*
- *Runs a zero waste fashion brand employing women from low-income backgrounds.*
- *Describes motherhood with the words: patience, responsibility, and protection.*
- *Marriage dynamics change after having children, focusing more on the child.*
- *Shares humorous anecdotes about parenting challenges and experiences.*
- *Highlights the importance of self-care and personal reinvention, suggesting solo holidays.*

Speaker 1: Hello. Hello. Come, please come.

Speaker 2: First reaction when you knew you were pregnant,

Speaker 1: it was quite exciting. I had goosebumps all over me. I looked into the mirror and gave like a tiny shriek. And then I sent a picture to my gynak and she said, yay. I said, yay. Let's do another pregnancy test.

Speaker 2: How many pregnancy tests did you use before confirming the news?

Speaker 1: Before confirming the news to anyone, I must have done at least 10.

Speaker 2: Okay, what's the key to successful parenting?

Speaker 1: Being true to yourself. Being. Being exemplary or aligning your actions with your words and not the other way. Not being a hypocrite.

Speaker 2: Okay, what's your favorite type of cuisine?

Speaker 1: I love Chinese.

Speaker 2: Who inspires you?

Speaker 1: My mom.

Speaker 2: Describe yourself in a hashtag.

Speaker 1: I am cute.

Speaker 2: What causes are important to you?

Speaker 1: Animal welfare. I really am keen that the animal man conflict end and we learn to coexist. And then education of the girl child. Because that's the future of our country. And zero waste. I'm gradually getting there. I have a brand called Roots and Wings, which is into zero waste Fashion, which is called Chindi.

Speaker 1: In layman's terms. Us Chindi ka bhi ham use Kartha. We employ women who belong to the low segments of society. And it's made into tiny purses, coasters, placemats and stuff like that.

Speaker 2: What's the most adventurous thing you've done with your child?

Speaker 1: With my child, I'm yet to explore a lot with my child. So so far I've just been for to play areas and done probably trampolines. That's the most adventurous. With Kavish, he's just two.

Speaker 2: Right? Describe motherhood in three words.

Speaker 1: Patience, responsibility, protection.

Speaker 2: What are you currently watching on Netflix?

Speaker 1: Shooter.

Speaker 2: Okay, what's your biggest fear in life?

Speaker 1: My biggest fear is losing my loved ones.

Speaker 2: What's your message to all the millennials?

Speaker 1: So my message to all the millennials is that they were born in the same time as me. It's just that we keep talking about the future generation, but we are the current generation that can teach, that can impart and. And that can be responsible and that can raise responsible adults. So be at it.

Speaker 2: The secret to Nisha's positive attitude, Always

Speaker 1: live it, sulk it, cry, close the door, be a dev Dasi, do it all. And then put on your lipstick and come out and just go ahead.

Speaker 2: The worst comment someone left on your Instagram feed.

Speaker 1: There were many worst comments. I just deleted them. Some I let them stay and I answer to them. Actually, initially I used to delete. Now when I'm in the mood. I actually reply to it, but people say stuff like, they talk about my looks. They say I'm fat sometimes. Yes. The worst has been when somebody commented for Kavish, that was the worst thing. I mean, you know, the way they say it is like, I don't even want to say it because it's.

Speaker 1: It's really horrible.

Speaker 2: You know, the amount of hours I

Speaker 1: spend on Instagram, about an hour or sometimes two.

Speaker 2: One thing you can't live without?

Speaker 1: Kabish, of course.

Speaker 2: What's the best and worst piece of advice you've ever got?

Speaker 1: So I guess the best piece of advice which I've gotten, which I've so far not walked on yet, is that go for a solo holiday because you can reinvent yourself. And I've been really wanting to make that trip, and I'll let you know when that happens.

Speaker 2: The funniest thing that Karan has done or said to you about Kavish.

Speaker 1: The funniest thing. Karan's not funny. I'm funny. The funniest thing he's told me about Kavish is. Yeah, so Karan, you know, when he spends time with him alone, he makes sure that he literally brainwashes him towards him. So he has this song that he's made which goes like, na na na na na Daddy. Because he is so cute. So literally, like, Karan would sing that, and Kavish would say, daddy, and Karan would sing it, and Kabush would

say.

Speaker 1: So I'm like, why don't you ever teach him songs? Pro mommy? Why is it always pro Daddy? So I think that's the funniest thing.

Speaker 2: What's your favorite emoji?

Speaker 1: What's my favorite emoji? Heart.

Speaker 2: What's your take on marriage after kids?

Speaker 1: Marriage after kids? The chemistry, the something does change. It brings you closer, definitely, because now you have living human being that you've produced. But it does become mostly about the child. You know, about raising him, about feeding him, about what you're gonna give him and. Yeah, but you need to keep the spark alive. But marriage does become a topic after having a baby. That's why we have this question today.

Speaker 2: What's the one app that you used to manage all your chores?

Speaker 1: Reminders. It's called reminders.

Speaker 2: Have you ever celebrated when someone cancel plans because you were too tired?

Speaker 1: Of course. All the time.

Speaker 2: Okay. Peed in my pants while sneezing.

Speaker 1: Yeah. When I was pregnant, I was like, what's happening? What is it called? Urinary incontinence or something? Bladder incontinence. And it was like, it happened all the time. Especially when I got bigger. Towards, like, the eighth and ninth month, people thought I had twins. I mean, I was that big.

Speaker 2: Use my hands, clothing to wipe the snot from my kid's nose or my smit or my spit to wipe the filth from my child's face.

Speaker 1: Yeah, it has happened sometimes cowboys should. Cowboy should be like, ah chi. I would all come out and people are running in places. Wipes law ye lao wo la. So usually we have this little bib, which is another tip I have to give moms that. It's always handy because you don't have to run in two directions towards the child and to get whatever you have to wipe his nose with. Just get that. But it has happened at times.

Speaker 2: Realize that you've been still listening to Baby Shark even after you've dropped Kavish back school.

Speaker 1: Yeah, it's in my head, all right. Baby Shark. It happens all the time. Okay.

Speaker 2: Acted like a total goofball in public with my child, because whatever, it doesn't matter.

Speaker 1: I mean, I've always been a goofball, child or no child. It just adds to the drama more. It's become double the time now. Now that I have garbage.

Speaker 2: Carried your diaper bag as a purse and vice versa.

Speaker 1: Carried my diaper bag as a purse? No, it's too huge to be carried as a purse.

Speaker 2: Three things we'll definitely find in Nisha's bag.

Speaker 1: A compact, a lip balm, and of course, my mobile.

Speaker 2: Have you ever wondered how my husband can be more tired than I am?

Speaker 1: Yeah, all the time. He can't be tired. I produced the baby. He came out of me. Right. My body changed and changed back and changed again and again.

Speaker 2: Ate the chocolate my child was waiting to eat.

Speaker 1: Well, if I say that, then Kavish might just happen to look at this interview when he grows up. I ate the chocolates. He was not supposed to eat them until he reached a certain age. So I ate chocolates.

Speaker 2: Yeah. Have you ever looked at your tummy and said, oh, my God, is there one still in there?

Speaker 1: Of course. All the time. I do it even today.

Speaker 2: Okay. The day you're shooting, what's your food like?

Speaker 1: The day I'm shooting, things are better because then it's just shooting and me. And there's hardly any multitasking. So I carry my ice box. I'll carry my vegetables in it, salads and fruits, and I'll have a separate tiffin. That tiffin would contain regular food. Unless, you know, I'm shooting somewhere. Close by. I can order from a nice, healthy place. Thank you.

Speaker 2: Nisha, thanks so much for spending this time with us.

Speaker 1: Thank you. It was so much fun.