

Be More Than Your Looks, Attract Deeper Connections

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SUMMARY

The discussion emphasizes the importance of women cultivating a rich inner life beyond physical appearance to attract meaningful relationships. By focusing on personal growth, service, and interests, women can draw in individuals who appreciate their deeper qualities rather than superficial traits.

- *Women should not define themselves solely by their looks or appearance.*
- *Cultivating a rich life of the mind, soul, and service is essential.*
- *Attracting meaningful relationships requires offering more than just physical appeal.*
- *Shifting focus from appearance to personal interests can change the narrative.*
- *Engaging in philanthropy, caregiving, and connections enriches one's life.*
- *Complaining about relationships is less productive than self-improvement.*
- *Emphasizing true interests can help attract different kinds of people.*

you are not your looks you are not your appearance only but if you don't cultivate this whole other rich life of the mind of the soul of your service of your your charity of your philanthropy of your maternal caregiving of your connections then you may only attract those people who are only focused on what you are putting out into the world so I often tell females and women in particular that if you want to change the narrative you need to be more than

your looks you need to have something to offer for the world for yourself for the potential male or lover in your life that is more than the look so you be more than the look you be more than your appearance you don't constantly hyperfocus on your appearance and then you will attract those people who also are here for the other things you contribute so instead of complaining about the males in your life or whoever in your life focus on what am I putting

out how can I expand my presentation in the world based on my true interests and then attract different kinds of people in my world