

How To Talk To Your Kids About Sex & Drugs | Mansi Zaveri & @thenavneetshow_ | RJ Navneet

4 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=OYLDLSA4FS0](https://www.youtube.com/watch?v=oYLDLSA4FS0)
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SUMMARY

The discussion emphasizes the importance of treating children as equals to foster respect and open communication. Building strong relationships with children requires honesty, vulnerability, and being present during critical moments, as well as discussing sensitive topics like substance use and mental health.

- *Treat children as equals to foster respect and love in the relationship.*
- *Open and honest communication is crucial for building strong relationships.*
- *Be present for children during important moments in their lives.*
- *Share personal fears and vulnerabilities to strengthen the bond.*
- *Discuss sensitive topics like sex, drugs, and mental health openly.*
- *Equip children with accurate information before they turn to the internet.*
- *Awareness of issues like vaping is essential for informed discussions.*
- *Encourage ongoing conversations to maintain trust and understanding.*

don't treat your children as if they are below you start treating them as equals because relationship if there's no respect then that space that that love doesn't come through open about it be honest about it um

steps right and uh you cannot build relationships without you know without being there for them without sharing with them without you know without talking to them you you can't build his relationships overnight are you there for the moments that they really need you yes right you cannot say I will always be there for you but when

they needed you you were not there right uh and how much can you share with them um you know how much of your life are you sharing with them MH right so that is also very very important right so I would say that um you know to make sure that uh you know you feel like they they feel like you are there for them it's very important that you share your fears cheers tears your

vulnerabilities and also give them space and I keep saying this that don't treat your children as if they are below you start treating them as equals because relationship if there's no respect then that space that that love doesn't come through so it's very important that we give our children that space Right comes talk about sex uh drugs

suicide and so I think these are extremely important um important conversations and I think if you've built that equation in that relationship with your kids early on then it is very important up open like you know the other day like weeping is becoming a very very very big

thing uh amongst the teenagers today and you know just the other day I was sharing the facts with my child that you know vaping can do this it is this much more harmful than smoking uh this is what it does doesn't mean you show them really bad ugly details about vaping um but you make them aware because aware because you have to realize this was our circle of information but today our children have

the internet MH right which is the worldwide web so they have that to give them information but it's very important that you have that conversation with them first before the internet influences them because that source of information is most important that is also very important teach your kids

about absolutely absolutely that is so well said now for parenting tips celebrity interviews recipes conversations with experts DIYs and lots more subscribe to kidstop press now