

Surviving Divorce And Parenting

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=PGGJSRLW7FW](https://www.youtube.com/watch?v=PGGJSRLW7FW)
<https://www.youtube.com/watch?v=pGgjSrLW7Fw>

SUMMARY

The speaker reflects on the challenges and emotional complexities of single parenting, emphasizing that the decision to separate was driven by the desire to create a healthier environment for their child. They assert that children from divorced homes can thrive and that the journey of single parenting involves both struggles and moments of self-discovery.

- *Single parenting presents unique challenges, often heightened by the absence of a partner.*
- *The decision to separate was influenced more by the well-being of the child than by marital issues.*
- *The speaker believes that children from divorced families are not from broken homes, but rather from "fixed homes."*
- *Emotional expression, such as crying, is seen as a necessary part of coping and healing.*
- *Doubts and fears about parenting persist, highlighting the emotional weight of single motherhood.*
- *The speaker encourages others to recognize the strength in their parenting journey, despite societal stigmas.*

Everybody told me, "Don't do it. You have a child." You know, we're doing it because we have a child. Single parenting different from [music] that unit of parenting. As a working mom, you're also juggling home, work, personal commitments yourself. As a single parent, I'm doing the same thing. But I think at times they're just a little more heightened maybe because you're doing it alone. >> So when was that inflection point that you said it's okay? [music] It had very little to do with how we were feeling in that marriage. It had everything to do about how this was going to shape our child. Everybody told me, "Don't do it."

You have a child." You know, we're doing it because we have a child. I'm also a single parent product. Tell everybody watching this that children who come from divorced homes do not come from broken homes. They [music] come from fixed homes. What was your all the ammunition that you needed when you took this step? I think the first thing is to really, you know, there's no garb. I just [music] cried. I think tears are therapy in motion and they don't even realize. They're like emotions in motion and while you have this incredible brave exterior.

What broke Swati as a mom? The biggest question that breaks me every day or makes me doubt what I'm doing a lot of times is it's okay. Yeah. Thanks. They're not easy to really think back. And this is the one statement breaks me even today when I think about it.