

Commands vs. Requests

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SUMMARY

The discussion emphasizes the distinction between commands and requests, particularly in educational settings. Commands are framed as non-negotiable expectations, while requests imply a choice. Understanding this difference is crucial for effective communication and assertiveness.

- *A command is a "have to," while a request is a "choose to."*
- *Commands should be used when compliance is non-negotiable.*
- *Requests are appropriate when there is an actual choice involved.*
- *Asking questions like "Could you please line up?" can undermine assertiveness.*
- *Clarity in communication helps students understand expectations better.*
- *Assertiveness involves making clear distinctions between commands and requests.*

the difference between when is the time to offer a command versus a request a command is a non-negotiable expectation is a choice I'm okay if you do it or if you don't when I was in the classroom and I worked with younger children I would understand the difference in this way and I would say this to the kids a command is a have to a request is a choose to we offer a request when there is a choice if

there's no choice don't offer one another aha I had as I was on my journey with adult assertiveness is that when we ask questions that is not assertive right when we say to students when we're looking for compliance with lining up and we say could you please line up do you want to line up are you ready to line up they think they have a choice that is not an assertive command it is a request