

Join Lety Valero at Our Elevate Conference This October!

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=R80Z3P0ATEQ](https://www.youtube.com/watch?v=R80Z3P0ATEQ)
<https://www.youtube.com/watch?v=r80z3P0ATeQ>

SUMMARY

Ley Valero discusses the challenges faced by teachers and students in elementary classrooms, highlighting issues of dysregulation and disruptive behaviors. She emphasizes the need for a transformative approach through conscious discipline strategies that can help educators better connect with their students and foster a more positive learning environment.

- *Many children arrive at school exhibiting severe dysregulation, impacting their ability to learn.*
- *Teachers often feel overwhelmed and hopeless due to challenging behaviors, leading to high turnover in the profession.*
- *Conscious discipline strategies can help teachers understand the underlying pain behind students' behaviors.*
- *The Elevate conference offers inspiration and practical strategies for educators to transform their classrooms.*
- *By focusing on connection and emotional regulation, teachers can improve both student behavior and academic outcomes.*
- *The conference aims to empower educators to reclaim their passion and effectiveness in teaching.*

[Music] hello everyone welcome I'm Ley Valero and I'm honored to be a part of the Elevate conference this year one of my biggest passions is to go to Elementary classrooms work with teachers work with children sadly what I see in the classrooms is children showing up so disregulated yelling screaming shaking desks just the other day I'm coaching at a school and I see this teacher teacher

whose back is hurting with a brace on her knee because a child had pushed her down the stairs so with all these behaviors no wonder teachers are living their profession they feel hopeless they want to help they don't know how to there's got to be a different way to do this coming to elevate will make a difference for you cuz you will live inspired to see behaviors differently when we see the pain underneath the behaviors that's where we can make a

difference at Elevate you will hear Elementary teachers like you that have experienced transformation in their classrooms because of applying conscious discipline strategies they can now help children regulate their nervous system see the power of connection see children acquiring those academic skills that we're also so desperate for our children need the best from us you deserve a better way so if you're ready for transformation if you're ready to regain

back your power and be that teacher that you've always wanted to be join me and hundreds of Educators that

are going to be there to support you and inspire you in your journey I can't wait to see you there [Music]