

Parent Coaching with Chad Hayenga from Connected Families

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SUMMARY

The speaker reflects on a transformative experience in their parenting journey after discovering challenges in their daughter's life. Initially filled with panic and self-doubt, they found guidance through coaching that led to significant improvements in their family relationships.

- The realization of unknown issues in their daughter's life sparked panic and self-reflection on their parenting.*
- Coaching provided a supportive environment to address emotional challenges and foster growth.*
- The coach set realistic expectations, emphasizing that change is a process rather than a quick fix.*
- The emotional work led to a deeper connection with their daughter and positively impacted relationships with their younger children.*
- The speaker emphasizes the invaluable benefits of coaching, suggesting others consider it without hesitation.*

I think when we first realized that there were things going on in our daughter's life we hadn't known about immediately there was panic I remember you know processing that for a while worried and wondering and questioning our own parenting and how did we you know miss it and how did we get off the rails so to speak and little did we know that you know this was actually a catalyst for so much good that resulted

in the coming months [Music] in meeting with Chadli we're encountered with such grace because we came in feeling like oh we've gone wrong somewhere what have we done wrong he set an expectation that point to that was realistic that we shouldn't expect this to be an about one and dumb conversation I felt like he just loaded our hands

with things to move us forward in our relationship with Alma when I think about transformation that occurred there was that moment where we had to really just let it all out emotionally and it's work and it's hard and it is an uphill climb but so much beauty grows out of that it was a game changer it changed everything moving forward and what that opened up not only in our relationship

with our oldest child but how that's paid forward in our relationship with our our two younger boys has been invaluable I don't think that there's any way to add a monetary value to what we gained from our coaching live chat yeah if you're considering it just do it take the step don't second-guess yourself get the help [Music]