

5 Skills Every Child Should Learn

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=TR0D_D3LDFO](https://www.youtube.com/watch?v=TR0D_D3LDFO)
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SUMMARY

The discussion emphasizes the five essential skills every preschooler should develop: physical, language, emotional, social, and cognitive skills. These skills are interrelated and build upon each other as children grow, forming a comprehensive foundation for their overall development.

- *Physical skills are the first to develop, starting with crawling, creeping, and walking.*
- *Language skills follow, as children learn to communicate their needs and feelings.*
- *Emotional skills emerge next, with children beginning to understand and express their emotions.*
- *Social skills develop as children learn to interact, make friends, and navigate relationships.*
- *Cognitive skills serve as the underlying framework that supports all other skills, enhancing thinking and problem-solving abilities.*
- *Selecting a preschool that nurtures all five skills is crucial for holistic child development, as outlined in the National Education Policy.*

five skills that every preschooler must have physical skills language skills emotional skills social skills and cognitive skills the child grows also in this order a child first learns to crawl creep walk physical skills then the child learns to talk language skills then the child learns about emotions that uh I'll cry if I don't get it I cry when I am upset and then starts the Social Development of children children learn to make friends children learn to

stay with strangers Etc and cognitive development is the kind of a thread that binds all these skills thinking skills they are there in everything that a child does so when you select a preschool you have to select one that will focus on all these five skills because these five skills make your child and that is what is called the puncha kosha in our new National Education policy