

Should I Avoid Arguing In Front of My Child? | Dad University

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SUMMARY

The speaker discusses the dynamics of arguing in front of children, emphasizing that while disagreements are natural, the manner in which they are expressed is crucial. It's important to model respectful conflict resolution and to demonstrate apologies, as this teaches children about healthy emotional expression.

- *Arguing is not inherently bad; it's the respect and manner of the argument that matters.*
- *Hostility, screaming, and yelling in front of children should be avoided.*
- *Showing emotion during disagreements is acceptable and can be beneficial.*
- *It's important for children to witness resolution after an argument, including apologies.*
- *Parents should be honest about their emotions and disagreements.*
- *Completely shielding children from conflict is not advisable; they should learn about healthy emotional expression.*

Speaker 1: So the question was about, you know, how to avoid arguing in front of your child. So arguing is not a bad thing. I think it's the. It's how you argue and the respect level that you have when you arguing. So if you. It's okay to disagree. It's absolutely okay. What's not okay is screaming and yelling and sort of the hostility that you might have and that being around the child, that's something that's not good.

Speaker 1: It is okay to show emotion. And if anything, I'll tell you what's even better, is that if you have an argument with your wife and the child sees it, make sure you make up with your wife in front of the child, even if you've already done it. But you come over to your wife and you say, wow, I'm so sorry that I talk like that. I should have handled myself a little better. And I really apologize.

Speaker 1: And without, like, knowing that you're. I mean, your child, you know that your child is watching. But that's something that's really important, is that they can see that there is an argument, and then they see that you either apologizing or your wife's apologizing or whatever, because it's real and emotions happen. And so, you know, it's always. It's always best to be honest about it. And so, you know, I don't think you can completely avoid arguing. That's the other thing, you know, what will happen is that parents will completely shun their kids away from any sort of emotion that they have.

Speaker 1: And I don't agree with that either. Hey, guys, hope you enjoyed that clip. If you want more just like it, be sure to subscribe to our channel. We've got a ton of videos just for dads.