

SELF GROWTH is not taught in schools or universities

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SUMMARY

The speaker emphasizes the importance of self-growth as a foundational aspect of life that is often overlooked in favor of material success and achievement. They argue that prioritizing inner healing leads to a more fulfilling and less anxious existence, transforming relationships and overall well-being.

- *Self-growth should be prioritized over material success and achievement.*
- *Inner healing is essential for improving one's external world and relationships.*
- *The speaker's annual summit focuses on teaching attendees about their patterns and facilitating personal evolution.*
- *Attending a seminar on self-growth is crucial for true life change.*
- *The goal is to move from merely surviving to thriving and flourishing.*
- *The summit promises transformative experiences over a weekend of intensive learning.*

Speaker 1: As a therapist, I am here to attest to the power of self growth. We should have learned it in schools, universities, our parents should have modeled this, but no one did. Because the world puts money, achievement, profit, hoarding possessions and success at the forefront. If we put self growth at the forefront of our existence and all that other stuff in the background, you don't have to throw it away, but it needs to be behind self growth.

Speaker 1: We would live entirely different lives. We would live lives of less anxiety, more compassion, more ease, more in the present, more relaxed and more abundant. Self growth is all about inner healing. When we heal on the inside, our entire outside world looks amazing, looks better. Our outside world looks messed up when we have inner wounds. Healing those inner wounds is what self growth is about.

Speaker 1: Our entire relationship to every human being in our life changes when we focus on self growth. It is a fact. It's rudimentary, it's elemental, it's foundational. This is what my annual summit, which is going to happen in literally six days, is all about. It's a weekend with me on stage for the most part, and other fabulous guest speakers. I have three of them coming, but it's basically me on stage for 15 hours of the weekend, teaching you about your patterns and helping you break free.

Speaker 1: When you leave evolve, you will not leave the same as when you came. But here's the hard challenge is getting you to evolve. You go to a seminar to make more money, maybe you go to a seminar on how to lose weight, but will you attend a seminar on how to grow? And it's just mind boggling to me because self growth is the foundation of it all. So if you want to change your life, you want to change your patterns, you want to start

your journey of healing and flourishing, not just surviving and reacting, but thriving and flourishing.

Speaker 1: Come to evolve six days away. Cannot wait to see you there.