

# I Didn't Ask For Your Opinion

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=XMOSSLFCXZQ](https://www.youtube.com/watch?v=xmosSLfCxZQ)  
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## SUMMARY

*The speaker emphasizes the importance of self-ownership and the right to form one's own opinions, independent of external judgments. They advocate for personal sovereignty in self-perception, arguing that while input from others can be valuable, it should not dictate one's identity or self-worth.*

- *Individuals have the right to think what they want about themselves, independent of others' opinions.*
- *Cultural norms often lead people to believe that others' opinions matter more than their own.*
- *True self-ownership involves taking back the right to define oneself, free from external influences.*
- *It's essential to first understand and establish one's own beliefs before considering others' perspectives.*
- *While feedback from others can be beneficial, it should not define one's identity or self-worth.*
- *The speaker encourages a shift from dependency on others' opinions to a more sovereign self-view.*

you have any right to do whatever you want think what you want of me you know this culture has taught us or the current Paradigm has taught us you have no right oh yes you do I have a right to think what I want of me you grew up believing in the other you thought their opinions matter does it matter only to the extent you want it to matter so once you understand and you give the person the full right you think

what you want of me my my beingness is not predicated on you anymore I have taken my right to have my own Sovereign opinion of myself and I've taken it away from all of you I took it away from my mom I took it away from my dad I literally just announced what I do now I've taken away the right to opinion and sometimes I think to myself I didn't ask for your opinion you know but people

like to give it because we're all dependent on each other now of course this doesn't mean we can't grow from others we can ask them what they think but only after you figure out what you think you have to know you then the others are you take and you leave but you don't Define [Music]