

The Stable Guy vs The Exciting Guy

1 MIN · YOUTUBE · [HTTPS://WWW.YOUTUBE.COM/WATCH?V=Y5W6D5PGS9K](https://www.youtube.com/watch?v=Y5W6D5PGS9K)

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SUMMARY

The speaker reflects on the choices made in romantic relationships, contrasting the stability of a reliable partner with the allure of a more exciting, yet unpredictable one. They highlight the unrealistic expectations placed on partners and the emotional decision-making that often leads to dissatisfaction and impacts families.

- *Choosing stability over excitement can lead to regret when the excitement doesn't fulfill deeper needs.*
- *The desire to change a partner's nature often leads to disappointment.*
- *No one can fulfill all romantic ideals; everyone has flaws.*
- *Emotional and romantic decision-making can overshadow logical considerations.*
- *Social media perpetuates unrealistic relationship standards and expectations.*
- *Life choices based on irrational feelings can have significant consequences, especially for children.*

You gave up the guy who had the solid paycheck and the stability and the loyalty and the great dad and the and the kindness and the Mr. Fixit and the solid family and the guy who was just there because he was a little bit boring in the end and you know had a little bit of a beer belly or whatever. You gave that up and you got Mr. Exciting and then Mr. Exciting you wanted to domesticate him. You wanted to make Mr.

exciting. Get a solid paycheck and be a good dad and be really loyal. And shocking how there isn't a perfect guy out there, right? Shocking how no one is everything. And believe me, I'm not everything either. I bet I don't fit tick all of his fantasy boxes either. And we don't think about it in realistic, logical, common sense, wisdom terms. We're romantics. We're emotional. We are based on intuition and on feelings and on these, you know, unrealistic ideas that are really honestly like just irrational at the end of the day. And we make massive life choices that have massive influence on us and especially on our children based on that irrationality. And that is often often often a contagious idea that we catch from social media.