

Adam Curry Says George Orwell Warned Us About This | Clips | Dad Saves America

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SUMMARY

The conversation revolves around the impact of faith and technology on mental health, particularly in the context of the speaker's daughters. The speaker shares their journey of discovering faith and how it has influenced their daughters' experiences, including their struggles with mental health and reliance on medication. The discussion also critiques the pervasive influence of technology on children and society.

- The speaker's daughters initially reacted skeptically to their newfound faith but have since embraced prayer as a source of support.*
- All three daughters have been on antidepressants but found them ineffective and have since stopped using them.*
- The speaker emphasizes the negative effects of screen time on children's behavior and mental health, citing "screen-induced autism."*
- A personal anecdote highlights the positive transformation in the speaker's son after reducing screen time and engaging with physical toys.*
- There is a critique of societal trends, including the influence of social media and the education system, which the speaker believes contribute to mental health issues.*
- The conversation touches on the idea that parents have the power to limit technology's impact on their children.*
- The speaker argues that many societal problems stem from a lack of awareness and education regarding technology's effects.*
- The discussion concludes with a call for individuals to take control of their technology use and seek alternatives that do not rely on algorithms.*

- You have daughters, so how are you experiencing what they're going through and how is this, you alluded to it, that, you know, this discovery of faith? How is that changing their experience of themselves? - So, initially, I have two stepdaughters, 26, 29 and my daughter's 32. And when I told my daughter a year and a half almost two years ago, she was like, "Uh-oh, am I gonna lose you and are you gonna be "some kind of Jesus freak nut job?"

(John laughing) Very logical response. Assured her, no, it's gonna be okay. I'm still the same, just I believe in God and Jesus. Okay, so now we fast forward. All three of our girls have all, now they're a little bit older than your son. And so they just kind of like the heels across the canals. They jumped over, they just made it. All three of them have

been on antidepressants. At some point in time, they've all been prescribed this for all different reasons.

And all of them are off of it now, and because that didn't work for them. Eventually, they, and we were also very careful. I mean, it's hard, you know, when a doctor says, "Well, you know, clearly you're ADHD ADD, "you have Asperger's, you have this, you have that, "on the spectrum," whatever. All of them have luckily seen, "No, no, this is not, I don't feel good on this. "This is not the answer to what I need.

"I need something else." And all three of them have a god-like tendency which we have... I mean, they live in different states. My daughter lives in the Netherlands. You know, we just talk. The only thing we talk about is, "I'll pray for you," that's the only thing. We don't say anything, we're not pushing any... That doesn't work, by the way. And they have from themselves said, "Hey, could you pray for me? "Could you pray for me?

"I got this coming up, could you just pray for me?" That's kind of how it starts. And then, "Sure, I'll pray for you." And then whatever needs to happen happens. "Oh, well that worked, that's interesting. "Maybe I should try that." So these things- - Isn't that just confirmation bias, just to be my, just to play the skeptic here? Isn't that just like, look, well, you know. - Key word, confirmation, as far as I'm concerned. (John laughing) You should understand that.

- Yeah, it's confirmation bias. (Adam and John laughing) - Yeah, I mean, yeah, you can look at it any way. Confirmation bias, just another science, you know just another science to look at. But they've also really become disillusioned with science. Now these are smart, smart women. And as I said, they have not, most of 'em grew up with analog stuff still. So they didn't all grow up with digital. You know, they had the phone on the wall.

The phone was connected to the wall and the television had rabbit ears, you know. So it was the inverse, now. Everything is, you know, different connections. - At their age, they're like, in some ways the last chopper outta Nam to steal a former guest's phrase for as far as like, psychologically, 'cause they managed to live the life before screen time was all the time. - This is the problem is we have a generation now that grew up with this stuff.

And, you know, there's some problems there. You know, it's like, imagine growing up and only, I mean, now I see and I find it very sad when I see a baby stroller

and the kid's got a screen, you know, to shut 'em up,
and they're there, you know, doing stuff on the screen. Which, by the way, you
can talk to any teacher they will tell you about
screen induced autism. The kids in school at a young age they get complete autistic behaviors from being on the
screen.

You know, you take it
away, like, they go nuts. - Yep. I saw this firsthand. When we moved down here, my son was six and he was
starting to behave that way. And we weren't being conscious about it. And we worked in, I was at Nickelodeon.
Like we, we're media people, so it's like, "Oh yeah, this is all cool." And the iPad was new. We put 'em in the
Austin Waldorf School and went like, cold turkey.

- [Adam] Done. - And it was amazing. - [Adam] Good for you. - The creativity. He had this set of toys that
he would rotate through, but it was like it was classic Waldorf kid to like wooden blocks and these little, like,
Italian figures, Gormies and, you know, and like magic cards. But it was all physical stuff. And like, the
transformation
of him was so fast. - Within a week, within a week. - It was like, how is this?

It's like we stumbled
across that as an insight. It was kind of weird. It wasn't like, "Oh, I read Jonathan Hyde "and then I decided." It
was like, "No, he's
grabbing at my pocket "like a crack addict." - [Adam] Yep, yep. - Because he wants my phone.
- And he wants to be like dad. He wants to do, dad's doing
it, dad's doing this stuff. That's cool, hey dad. Again, I have my light. I detox from this.

You know, I have devices
in my life, clearly, but I take this whenever
I go out of the house. It's just a phone and
text, that's all it does. It does a couple other things but there's no browser
or anything like that. And I'm in H-E-B, which is
our supermarket in Texas. And I got nothing to do when
I'm in line, I can't scroll. And you know what I do? It's like, "Hey man, you get
those flowers for Mother's Day?

"They're expensive, aren't they?" She said, "Oh, my mom, she
knew I was spending 25 bucks "on these, she'd whoop my ass." And now we're having conversations
like we used to have. The humanity comes back. It's really, it's great. The best of times, worst of times. It's
stealing, it's
stealing so much from us and we just haven't had the education. In fact, we've actually educated ourselves and
our children the opposite. A lot of it's my generation's fault.

When we were thriving

in the '80s and '90s, rock and roll, man, I'm making money and ba, ba, ba, everything's going great. - Yeah. - School board, you loser. But the city council, please. So now you look and like, "Oh, my, "the enemy crept in, didn't he?" The enemy crept in.

- [John] Oh, yeah. In so many ways. - There's your socialism, there's your Marxism what I call now trans-Mao-ism just social contagion, mass formation. All of these things are real and it's all coming through, I mean, you know, there's the meme out there George Orwell, you know, was saying, "Was I right or what?"

You know?

(John laughing) And, yes.

- It's so transparent. - Amusing ourselves to death and all these things are really, really taking place. And it's so prolific because you can see it. But it's so stoppable, it's so stoppable, but you just have to do it. And this whole idea of FOMO, and, you know, "Oh, my kid will be stupid if they can't keep up." No, it's all fake, it's all manipulated. Instagram and pictures are the worst.

Although TikTok, you know, closely behind. - Yeah. - Funny how that still hasn't been taken out by our Congress. Isn't that funny? Like, "Oh, big noise, TikTok. "We gotta move it out, get it blah, blah, blah." Still here. - Well, maybe it's because when they put forward legislation it was like, this appears to be fully... It's like, you've actually named it totalitarianism. What was it called, the Restrict Act or something like that?

- Restrict, yeah. - So it's like, "Oh, we're just gonna, we'll ban TikTok "but we'll also do the worst things you can possibly want "that are all clearly a violation of the First Amendment "like full stop from first letter of the law."

- But it's all within our own power. All of this within, and parents, you know. It's all within our own power to just stop, just stop. You're not gonna die if you don't know the latest thing that's going on on Twitter. You're not gonna die. By the way, that's kind of destroying itself, you know. Elon Musk is gonna make Twitter into your bank. Zuckerberg has threads, which is, which everyone can see. I was tracking everything I do on my phone including my health information.

And people are like, "Nah." People just-

- No problem. - It's losing steam. There's no longer a single social network that you have to be on. You can, you could be anywhere. You can do a little thing maybe for some people over here. Mastodon, open source social network. A lot of people say, "Oh, I

can find a community here." Anything that doesn't have an algorithm is in my mind is good, which is what, you know, the Fediverse and Mastodon has.

- If you enjoyed this clip we've got more where that came from. Be sure to check out my full conversation with Adam Curry. And one of the best ways you can help support the channel is to subscribe to us so you won't miss our interviews and short videos as they come out each week. (upbeat music)